## POST STUDY ABROAD CHECKLIST

## TRANSCRIPT PROCESSING

- Request to have your transcript sent to OIP in one of the following formats
  - Hard copy official transcripts should be mailed to the following OIP Mailing Address: AUB, Office of International Programs, West Hall, 3rd Floor, Room 320, 1107 2020, Beirut, Lebanon
  - Electronic Official transcripts: If your host university only issues
    electronic transcripts, these must be certified by an official
    of the University with a certificate provided by a recognized
    security vendor or be encrypted and only accessible to the
    recipient and should be emailed to aubabroad@aub.edu.lb
- Complete the Online Study Abroad Testimonial Survey.
- Once you complete the survey, OIP will upload your transcript on the petition system and send your transcript to the Office of the Registrar for the credit transfer.
- If you experience any delays in getting the credits transferred even after completing all of the above steps, please consult with the Office of the Registrar and/or your faculty.

## **ACADEMICS**

- Keep copies of syllabi, papers and exams you have from abroad.
- If you think you might want professors from your semester abroad to write you recommendations for graduate school or be a reference for job applications in the future, talk to them now.
- Meet with your AUB academic advisor to discuss how your courses were abroad and how you can incorporate any new ideas or interests with your academic plan at AUB.



## READJUSTING & REINTEGRATING YOUR EXPERIENCE

- Attend a Virtual Post Study Abroad Gathering hosted by OIP.
- Volunteer with OIP to promote study abroad and assist AUB students interested in study abroad.
- Apply to the OIP Mentor Program, Volunteer to guide new international students at AUB Update your resume to include your new international experience, get tips at the Post Study Abroad Gathering!
- Find creative outlets to share your experiences from abroad become an OIP Mentor, talk to prospective study abroad students, join a cultural club on campus, etc.
- Email your favorite photos from abroad to OIP at aubabroad@aub.edu.lb
- Share and post your pictures on OIP's social media outlets and #AUBgoesabroad
- Visit the counseling center if you are having trouble with reverse culture shock and re-entry.
- Talk to OIP if you are interested in studying abroad again!

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