Am erican University of Beirut Rafic Hariri School of Nursing

Annual Report 2017

## **PREFACE**

In 2017, the Rafic Hariri School of Nursing (HSON) PhD in Nursing Science proposal was approved by the Board of Graduate Studies, the AUB Senate, the Board of Trustees, and the New York State Education Department (NYSED). It will be launched AY 2018–19 in close collaboration with Johns Hopkins University and University of Michigan Schools of Nursing and with the Faculty of Medicine and the Faculty of Health Sciences at AUB.

We are proud to report that HSON has the highest number of PhD-holdernursing faculty in Lebanon and that its faculty has authored the highest number of scientific publications. On research productivity, we are proud to report that HSON accounts for 85 percent of Lebanon's and nearly 10 percent of the Arab world's nursing research output; its faculty are among the most productive and in pactful nurse researchers in the Arab world.

In 2017, HSON ranked 147 out of 503 schools of nursing that offer graduate programs in the U S.News&W orld Report Ranking.

The school continues to place emphasis on research and scholarly productivity, teaching excellence, faculty and student recruitment, and on expanding HSON academic programs based on new and innovative strategic initiatives. We continue to be proud of our achievements, which are detailed in this annual report.

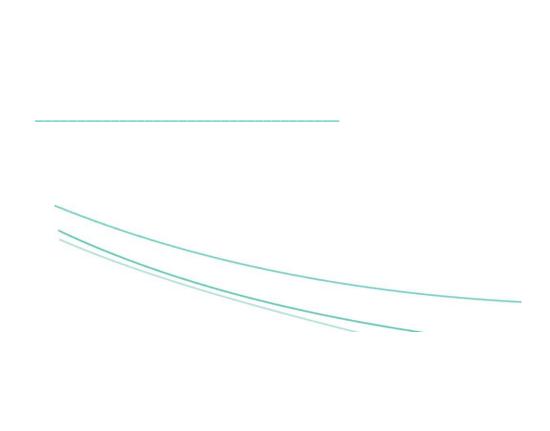
Huda Abu-Saad HuierRN, PhD, FEANS, FAAN

Professor and Director,

Rafic Hariri School of Nursing

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I. The School Of Nursing			
	I.	The SchoolOf Nursing	

#### A. FACULTY

## Director of the School of Nursing - 2003 to present

Huda Abu-Saad Huijer, RN, PhD, FEANS, FAAN, Professor

## Faculty M em bers

Lina Abi Fakhr Kantar, RN, EdD, Clinical Assistant Professor

 ${\tt M}$ arina Adra, RN ,  ${\tt M}$  S Physiology, PhD , Clinical Assistant Professor; BSN

Coordinator

Nour Alayan, RN, MSN, Clinical Instructor, PhD; Promoted to Assistant Professor effective September 1, 2017

Mary Arevian, RN, MPH, Clinical Associate Professor

Tam ar Avedissian, RN, MSN, Clinical Instructor

Michael Clinton, RN (CARNA), RGN RPN (AHPRA), PhD, MSc, BA (Hons.),

Professor, with FM Institutional Review Board (IRB) Office as Vice-Chair of the

Social and Behavioral Sciences Institution Review Boards

Silva Dakessian Sailian RN, MPH, Clinical Instructor

Danielle Dam ianos, RN, MSN, Clinical Instructor

Hala Darwish, RN, PhD, Associate Professor, with FM /AUBM C as M anaging

Director, Abu-Haidar Neuroscience Institute

Nuhad Dum it, RN, MA, PhD, Associate Professor, CE/Offshore Program

Coordinator; Undergraduate Division Convener

Souha Fares, PhD , Assistant Professor

Laila Farhood, RN, PhD, CS, Professor and Clinical Associate, Psychiatry

Department, Faculty of Medicine; Graduate Division Convener

Talin Gulgulian, RN, MSN, Clinical Instructor

Gladys Honein, RN, PhD, Assistant Professor

May Khoury, RN, BSN, MSN, Clinical Assistant Professor

Dina Madi, RN, TD, MA Education, PhD, Clinical Assistant Professor; BA/BS-BSN

Coordinator

Angela Massouh, PhD, MSN, CNS; Promoted to Assistant Professor effective

September 1, 2017 and Cardiology Clinical Nurse Specialist

Sam ar Noureddine, RN, PhD, FAHA, FAAN, Professor, Assistant Director for Academ in Affairs

Hera Tashjian, RN, MSN, Clinical Instructor

Lina Younan, RN, MSN, DNP, Clinical Assistant Professor

#### New Faculty

Suzanne Dhaini, RN , M aster in Child Studies, PhD , Assistant Professor effective September 1 , 2017

Ghada Najjar Assaf, MHS (Mental Health), PhD, Visiting Clinical Assistant Professor effective September 1, 2017

#### Part-Tim e

Ibrahim Fakih, BS, MPH, Nursing Inform atics Post Graduate, Instructor, effective August 2017

HanadiMasalkhi, RN, MSN, Clinical Instructor

M yma Saadeh, BS, MSN, Clinical Instructor, effective January 2017

## Adjunct Faculty

#### Continuing

Patricia Abbott, PhD, RN, FAAN, RN, PhD, Associate Professor, University of Michigan School of Nursing, USA

Debra Barton, RN, PHD, AOCN, FAAN, Mary Lou Willard French Professor of Nursing, University of Michigan School of Nursing

Barbara L. Brush, PHD, ANP-BC, FAAN, Carol J. and F. Edward Lake Term Clinical Professor, University of Michigan School of Nursing

Jacqueline Campbell, PhD, RN, FAAN, Professor, Anna D. Wolf Chair, Johns Hopkins University School of Nursing

Patricia M . Davidson , Professor and Dean , Johns Hopkins University School of Nursing , USA

 $\label{lem:cherylDennison} CherylDennison, PhD, RN, ANP, FAAN, Professor, Director, Office of Science and Innovation, Johns Hopkins University School of Nursing$ 

Ivo D.Dinov, PhD, Associate Director for Education and Training, University of Michigan School of Nursing

Jason E. Farley, PhD, MPH, ANP-BC, FAAN, AACRN

 $\label{lem:christopherFrieze} \mbox{\sc PhD} \mbox{\sc , RN} \mbox{\sc , AOCN} \mbox{\sc , FAAN} \mbox{\sc , Professor} \mbox{\sc University} \mbox{\sc of M} \mbox{\sc ichigan} \\ \mbox{\sc School} \mbox{\sc of Nursing} \mbox{\sc of M} \$ 

Nancy E. Glass, PhD, MPH, RN, FAAN, Professor, Associate Director for Research, Associate Director, Johns Hopkins Center for Global Health, Johns Hopkins University School of Nursing

 ${\tt M}$ artha  ${\tt H}$ ill, PhD , RN , FAAN , Dean Em erita & Professor, Johns Hopkins University School of Nursing , USA

Janean Holden, PhD, RN, FAAN, Collegiate Professor, Associate Dean for Research and Rachkham Graduate Studies, University of Michigan School of Nursing Shake Ketefian, EdD, RN, FAAN, Professor Emeritus, University of Michigan, USA Judith Lambton, EdD, MSN, RN, Professor, University of San Francisco, California, USA Jody Rae Lori PhD, CNM, FACNM, FAAN

Phyllis Sharps, Professor, Associate Dean, Community and Global Programs Johns Hopkins University School of Nursing, USA

Fadia Shaya, PhD, MPH, Tenured Professor, University of Maryland School of Pharmacy; Assistant Professor, University of Maryland School of Medicine Sarah L. Szanton, PhD, ANP, FAAN, Professor, Director, PhD Program, Johns Hopkins University School of Nursing

Elizabeth Tanner, Professor, Johns Hopkins University School of Nursing and Center on Aging and Health, USA

#### Academ ic Associates

#### Continuing

Rana AbdelM alak, RN, MPH, NEA-BC, PhD, Director of
Nursing, Bellevue Medical Center
Rebecca El-Asmar, RN, MSN, Clinical Nurse Specialist, AUBM C
Janane Hanna, RN, MSN, Clinical Nurse Specialist, AUBM C
Wafa Maabuf, MS, Nursing Director, St. George Hospital
Mona Nasrallah, MD, Associate Professor, AUBM C

Salah Zein El-Dine, MD, Assistant Professor, Director Pulm onary Physiology Laboratory, Director Graduate Medical Education, AUBMC

## Joint Appointments:

Michael Clinton with FM Institutional Review Board (IRB) Office as Vice-Chair of the IRB Office for the Social and Behavioral Sciences

 ${\tt Hala}\,{\tt Danw}\,\mbox{ish}\,\mbox{w}\,\mbox{ith}\,{\tt FM}\,\slash\,{\tt C}\,\mbox{as}\,{\tt M}\,\mbox{anaging}\,{\tt D}\,\mbox{inector}\,\mbox{of}\,\mbox{the}\,\mbox{Abu-Haidar}$ 

Neuroscience Institute

HanadiM asalkhiwith Nursing Services/AUBM C as Clinical Instructor at the Harini School of Nursing

#### Research Associates and Assistants

Zepur Ahanorian, BS, MSN Student

Mariam Bayram, BA

Rachele Bejjani, BS, MSN

Lara Cham aa, BS, M PH

Suzanne Dhaini, PhD

Elizabeth Dyer, M SN

Caroline El-Rayes, M PH

Natalie Fanan, BS, BA

Caroline Ham adi, PhD Student

SaniHlais, MD, MPH

Nagibeh Khalil, BS

Leila Nasrallah, MS Student

Houry Nazaretian, MSN

Naify Ramadan, MS

HanadiSaad, M SN Student

Siham Safa, TS

Batoul Safieddine, BA

Aida Zaiter, BS, MSN

## Clinical Preceptors

 ${\tt M}$  oham m ad Abbas, RN , M  ${\tt SN}$ 

Dania Abed, RN, MSN

Joyce AbiKharma, RN, MSN

Zepur Aharonian, RN, MSN Student

SamerAlHalabi, MSN Rachele

Bejjani, RN, MSN Hassan

Charafeddine, RN, MSN Hala

Dagher, RN

Lam ia Eid, RN, MSN

Randa ElAndari, RN

Nay Ezzeddine, RN, MSN Student

Aya Hammoud, RN, MPH

Lynda Hashem , RN , M SN

Yara Hazouri, RN, MSN Student

 ${\tt M}$  oham m ad  ${\tt Issa}, {\tt RN}, {\tt M} {\tt SN}$ 

Zeinab Jammoul, RN, MPH Student

Doaa Kamal, RN, MPH

Ahm ad Kaskass, RN

Murielle Madi, RN, MSN

Sarine Malkdjian, RN, MSN Student

M ira Obeid, RN M ireille

Shehadeh, RN Rafika

Zaatari, RN, MSN

## Graduate Assistants and Research Assistants

Zepur Aharonian

Mariam Assaf

Nay Ezzeddine

Dounia Iskandarani

Cynthia Rizkallah

#### B. STAFF

M in Abdallah, BS, Adm in istrative & Student Services Assistant

Patricia Assaf Chedid, BA, MBA, Executive Officer/Financial Officer

Lynn Berbary Najem, BBA, MBA, Student Services and Recruitment Officer

Ibrahim Bikdashi, BS, II Field Support Technician; effective March 2017

Rabih Daher, Junior Clerk

Alaa Faw zi Dika, BS, IT Field Support Technician until February 2017 Randa Farha, BSN, MSN, MPH, Simulation and Clinical Competency Center Coordinator

N isrine Ghalayini, BA, Graduate Division Adm in istrative Assistant

M aher Itani, IT M anager, M asters in Engineering, CCE; effective October 2017.

M anwa Soubra, IT M anager BS, MBA, Faculty of Medicine and Hariri School of Nursing until October 2017.

Jeanette Zeinati, Secretary

#### C. RECRUITM ENT

HSON continues to advertise for regular faculty positions and for the Hariri Endowed Chair in Research. These positions are advertised on the AUB and HSON websites, in the Chronicle of Higher Education, on the recruitment site Inside Higher Ad, and on social media through Linked In. Recruitment information is also mailed to leading schools of nursing, professional organizations, and to mailing lists in the United States and Europe.

#### D. CCNE ACCREDITATION

- The BSN and M SN programs continue to be accredited by the Commission on Collegiate Nursing Education (CCNE) (http://www.aacn.nche.edu/coneaccreditation) in the USA.
- The revised M SN program based on the Master's Essentials was approved by
   CCNE in August 2017 and by the Department of Education in New York State.
- HSON subm itted the Continuous In provement Progress Report (CIPR) to CCNE
  on December 1, 2017. The CIPR is required for accreditation.
- HSON continues to be a regularm ember of the American Association of Colleges of Nursing.

#### E. HONORS, AWARDS, AND RECOGNITIONS

## Huda Abu-Saad Huijer

Received the Princess M ona Regional Award for Excellence in Nursing for 2017 in recognition of significant contributions to healthcare across borders and dedication and leadership in nursing at the regional level.

Continues to be a member of the Harvard Global Equity Initiative-Lancet Commission on Global Access to Pain Controland Palliative Care (GAPPCP).

#### Hala Darwish

Received the International Organization of Multiple Sclerosis Nurses Award (IDM SN).

#### Nuhad Dum it.

Received the Maha Khoury Award granted by the Faculty of Nursing, Universite Saint Joseph (USJ). Received a Recognition of Achievement award by the Ambassador/Embassy of Kingdom of Saudi Arabia, May 13, 2017

#### Laila Farhood

Elected as a board m em ber for the International Association for W om en 's M ental Health regional section.

Received the Distinguished Nursing Research Award by the Scientific Society of Arab Nursing Faculties.

## F. INTERNATIONAL PARTNERSHIPS

HSON has ongoing Memoranda of Understanding (MOUs) to enhance research collaboration and student and faculty exchanges with the following institutions:

- Johns Hopkins University School of Nursing
- University of Michigan School of Nursing
- · Villanova University College of Nursing
- · University of Maryland School of Nursing
- · University of Science and Technology, Sydney, Australia

## G. HSON EXTERNAL ADVISORY BOARD (EAB)

## M andate and Purpose of the EAB

The External Advisory Board of the Rafic Hariri School of Nursing includes invited members from leading universities engaged in baccalaureate and graduate nursing education and research, leaders of nursing and healthcare institutions, and dignitaries with established track records in related fields. The EAB advises the director by serving as a bridge between HSON and the international nursing community.

The Advisory Board has approved the PhD in Nursing Science proposal and the proposal on achieving full Faculty status for HSON. EAB is consulted on a regular basis on in portant academ in developments at HSON.

# H. SIGMA THETA TAU INTERNATIONAL (STTI) HONOR SOCIETY

## The board of the Chi Tota Chapter is as follows:

- A. President: Dr. Dina Madi
- B. President-elect: Dr. Lina Kantar
- C. Vice president: Mrs. Ursula Rizk
- D. Treasurer: Dr. Hiba Deek
- E. Secretary: Mrs. Bahia Abdallah El-Moufti
- F. Counselor: Dr. Angela M assouh
- G. Founding President: Dr. Huda Abu-Saad Huijer
- H. Immediate Past President: Mrs. Mary Arevian

#### Chi Tota Com m ittees:

#### Leadership Succession Committee:

- 1. Mrs. Helen Nuwayhid; Chair
- 2. Dr.NourAlayan
- 3. Mrs. Tamar Avedissian

#### Governance Comm ittee:

- 1. Dr. Sam ar Noureddine; Chair
- 2. Mrs. Danielle Damianos; Member
- 3. Ms.Roula Awwad

#### ACTIVITES:

Induction Cerem ony in M ay 2017 during which Dr. M yma Doum it, the regional STTI representative, addressed the m em bers.

Business  ${\tt m}$  eeting planned for November was postponed until January 2018 for logistical reasons.

Created a Facebook account for the Chilota Chapter.

#### I. HSON NEW SLETTER

HSON issue Number 6 was circulated in March 2017. The newsletter included: a message from the HSON Director, important HSON and faculty news, Chillota Chapter Activities, and interviews with new faculty...

#### J. HSON REGIONAL EXTERNAL PROGRAMS

## Continuing Education in UAE

The Hariri School of Nursing (HSON) in collaboration with the Continuing Education Center of the office of Regional External Programs (REP) provided a number of courses to Registered Nurses and Nurse Leaders in the United Arab Em irates in 2017. These offerings are part of an agreement that was signed and renewed between AUB REP and "The United Arab Em irates M inistry of Health" to support nursing training and education.

In 2017, 210 participants from different hospitals and centers in Dubai attended the following courses:

- "Pain Assessment and Management" provided by Dr. Dina Madiand Mrs. Janane Hanna in February 2017 and then again in October 2017.
- "M edication M anagem ent Principles and Practice" provided by Dr. Lina Kantar and M rs. Danielle Dam isnos in February 2017 and by Dr. Nour Alayan and M rs. Danielle Dam isnos in Septem ber 2017.
- "Clinical Leadership Course Part I" provided by Dr. Rana Abdel M alak and Dr. Gladys Honein in M arch 2017.
- "Oncology Course" provided by M rs. Danielle Dam ianos and M rs. Rebecca Al Asm ar in Septem ber 2017.
- "Clinical Leadership Course Part II" provided by Dr. Rana Abdel M alak and M rs.
   Hera Artinian in October 2017.

Each course was provided over a period of 2-3 days. Some were repeated to accommodate the higher number of nurses. Different teaching methods were used by HSON faculty such as: case scenarios, role playing, simulation sessions, hands-on activities, and videos. The variety of teaching methods made these series of continuing education offerings fruitful and highly interactive.

# Mohammad AlMana' College for Health Sciences (MACHS)

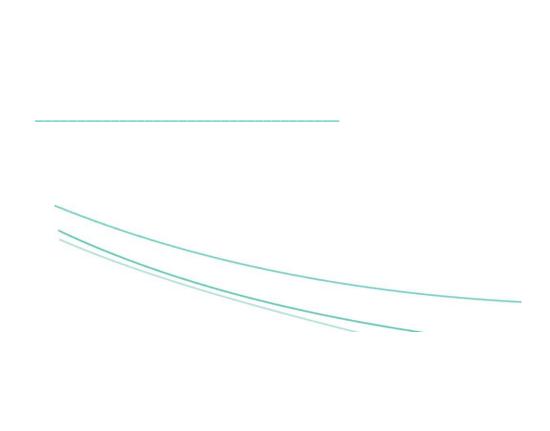
In February 2017, an agreement was signed between the Mohammad AlMana' College for Health Sciences (MACHS) in Khobar, Kingdom of Saudi Arabia and AUB REP. Based on this agreement, AUB has agreed to contribute to MACHS efforts in an advisory, training, and management capacity.

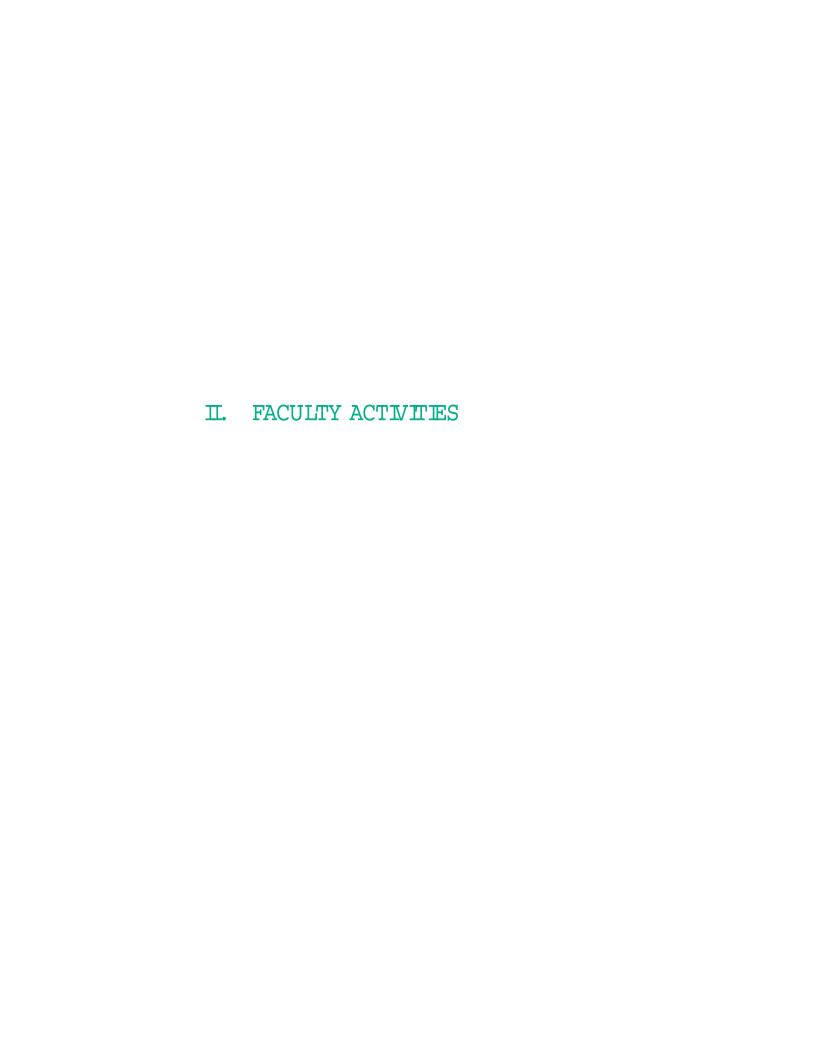
Dr. Huda Abu-Saad Huijer and Dr. Nuhad Dum it are members of the project's steering comm ittee and coordinate the work among the different departments.

HSON faculty were involved in the following consultations in 2017:

- In April 2017, HSON faculty met the MACHS team and started the planning phase. They also worked with students to demonstrate several case scenarios of different specialties in the simulation lab thereby providing MACHS with an introduction to how simulation technology can be used in teaching.
- In October 2017, the faculty reviewed more than 40 MACHS documents that addressed accreditation readiness, curriculum, and courses and provided appropriate recommendations.

HSON will be involved in future MACHS-related projects such as providing workshops and training on nursing simulation, assisting MACHS in setting up their own simulation lab, reviewing MACHS post-graduate programs, and assisting MACHS in the recruitment of key administrative and teaching positions.





#### A. EDUCATIONAL PROGRAMS

## Bachelor of Science in Nursing (BSN):

Course descriptions, credit hours, and learning objectives did not change over the year as student evaluations were positive. We were, however, required to provide two sections of junior-year courses because of the large class size.

Simulation activities were included in most clinical nursing courses, which used a combination of skill in provement and practice through scenarios.

Objective Structured Clinical Exam ination (OSCE) was used in all clinical nursing courses.

## Master of Science in Nursing (MSN):

A total of 45 students enrolled in the MSN program in October 2017.

Four tacks continue to be offered: Adult Gerontology Clinical Nurse Specialist, Nursing Administration and Management, Psychiatry and Mental Health Clinical Nurse Specialist, and Community and Public Health Nursing.

A number of students undertook residencies at Johns Hopkins University, the University of Maryland, Partners MS Center at Brigham and Women Hospital in Boston, and the Cleveland Clinic in Dubai.

Nine students were inducted in the HSON Chi Iota Chapter spring 2017. Town meetings were held to discuss student concerns, residencies, projects, and comprehensive exams.

Information on the specific tracks is detailed below.

#### Adult Gerontology Clinical Nurse Specialist track:

Three students graduated in 2017.

A total of 17 students were enrolled October 2017.

Students in the Adult Gerontology Clinical Nurse Specialist tack completed residencies at the Partners M S Center at Brigham and W om en Hospital in Boston (1) and at AUBM C (4).

#### Nursing Adm in istration and M anagement track:

A total of 7 students graduated in 2017.

A total of 15 students were enrolled October 2017.

Students in the Nursing Adm inistration and M anagem entrack completed residencies at Johns Hopkins University (1), AUBM C (2), and Cleveland Clinic Dubai (1).

#### Psychiatry and M entalHealth Clinical Nurse Specialist track:

A total of 6 students were enrolled October 2017.

#### Community and Public Health Nursing track:

One student graduated in 2017.

A total of 11 students were enrolled October 2017.

One student is undertaking a doublem ajor in Comm unity and Public Health Nursing and Psychiatry and Mental Health Nursing

One student is doing a double major in  $\operatorname{Com} m$  unity and Public Health Nursing and Adult Care Nursing.

## PhD Program:

HSON prepared and submitted a PhD proposal in close collaboration with the Faculties of Health Sciences and M edicine and with international partners, namely, Johns Hopkins University School of Nursing and the University of M ichigan School Of Nursing. The doctoral program aims to provide rigorous training for research careers in nursing and the healthcare arena. It will provide students with the opportunity to develop their capacity for scholarly and independent work, in prove critical analytical thinking, refine their ability to communicate knowledge and ideas, and to be able to translate research findings into healthcare practice.

The PhD proposal was approved by HSON Graduate Division, Graduate Studies Comm ittee, HSON External Advisory Board, Board of Graduate Studies, AUB Senate, Board of Trustees, and the New York State Education Department (NYSED) and will be launched AY 2018-19.

## B. FACULTY TEACHING

## Spring sem ester 2016-2017

Course Number	Course nam e	Credits	Faculty
NURS 200	Introduction to Nursing	2	L.Younan
NURS 201	Introduction to Nursing Practice	2	L.Kantar, S.Dakessian Sailian
NURS 202	Health Assessment	2	D.Madi, T.Gulgulian
NURS 203	Biostatistics for Nurses	3	S.Fares
NURS 302	Nursing Care of Adults II	5	M . Adra, A . M assouh, N . Alayan, S . Dakessian Sailian
NURS 306	Nursing Care of the Children	5	M .Khoury,D.Madi,T. Gulgulian,D.Damianos
NURS 402/312	M ental Health and Psychiatric Nursing	5	L.Farhood, H.Masalkhi, M.Saadeh

NURS 408	CommunityHealthNursing	5	M. Arevian, G. Honein, T. Avedissian
NURS 410/313	Leadership & M anagem ent Theory	5	L. Younan, T. Avedissian, H. Tashjian, D. Damianos, S. Dakessian
NURS 411	Leadership & Management Practicum	0	L. Younan, T. Avedissian, S. Dakessian Sailian
IPEC 300	Inter-professional Education		M.Adra, N.Dumit, S.Noureddine, G.Honein
NURS 502	Advanced Nursing Research	3	H.Darwish, S.Fares
NURS 503	Advanced Health Assessment	3	S.Noureddine
NURS 503A	Advanced Health Assessment	1	S.Noureddine
NURS 505B	Advanced Practice in Adult Gerontology	4	S.Noureddine, H. Danwish
NURS 506	Residency-Advanced Practice in Adult Gerontology	4	S.Noumeddine
NURS 508	Residency-Advanced Practice in Nursing Adm inistration	4	M .Clinton,N.Dum it,H. Huijer,L.Younan
NURS 509	Role Developm ent in Nursing  Education	3	L.Kantar
NURS 512	Advanced Psychiatric and Mental Health Assessment	2	L.Farhood
NURS 516	Psychopathology and Hum an Behavior	3	L. Farhood
NURS 520	M anaging Quality with Teams	3	N.Dum it
NURS 522	Principles and Practice of Community/Public Health Nursing	3	M.Arevian, G.Honein
NURS 524	Residency in Community Health Nursing	4	M . Arevian, G . Honein
NURS 525	Transform ational Leadership for Nursing Practice	3	M .Clinton
NURS 526	Comprehensive exam	0	L. Farhood

NURS 598	Project	3	M. Arevian, M. Clinton, n. Dum it, L. Farhood, H. Darwish, G. Honein, H. Huijer, S. Noureddine, L. Younan
NURS 598A	Project	3	M. Arevian, M. Clinton, n. Dum it, L. Farhood, H. Danwish, G. Honein, H. Huijer, S. Noureddine, L. Younan
NURS 599	Thesis	6	M. Arevian, M. Clinton, n. Dum it, L. Farhood, H. Darwish, G. Honein, H. Huijer, S. Noureddine, L. Younan

# Sum m ersem ester 2016-2017

Course number	Course nam e	Credits	Faculty
NURS 210	Pathophysio logy	2	A M assouh
NURS 307	Practicum I	0	T.Gulgulian,T. Avedissian,D.Dam ianos, S.Dakessian,H.Tashjian, H.Masalkhi
NURS 506	Residency-Advanced Practice in Adult-Gerontology	4	H.Darwish, S.Noureddine
NURS 508	Residency-Advanced Practice in Nursing Adm inistration	4	L. Younan
NURS 524	Residency in Community Health Nursing	4	M Arevian, G Honein
NURS 598	Project	3	H.Huijer
NURS 598A	Project	3	N Dum it, G Honein
NURS 598B	Project	3	M.Clinton, H.Darwish, N.Dumit, S., G.Honein, Noureddine

NURS 599	Thesis	6	H.Huijer
NURS 599A	Thesis	6	M .Clinton ,H .Darwish, N .Dum it

# Fall sem ester 2017-2018

Course number	Course nam e	Credits	Faculty
NURS 200	Introduction to Nursing	2	L.Younan,T.Gulgulian, M.Khoury
NURS 300	Nursing Care of Adults I	5	M.Adra, L. Kantar, N. Alayan, S. Dakessian Sailian
NURS 304	Nursing Care of the Expectant Family	5	D.Madi, M.Khoury, T. Avedissian, D.Damianos, T.Gulgulian, S.Dhaini
NURS 406	Nursing Research	3	G.Honein,S.Dhaini
NURS 404	Nursing Informatics	2	I. Fakih
NURS 400	Critical Care Nursing	4	A.Massouh, H. Tashjian
NURS 402	Mental Health and Psychiatric Nursing	5	G.Assaf, L.Farhood, H. Masalkhi, M.Saadeh
NURS 408	Community Health Nursing	5	M. Arevien, G. Honein, T. Avedissian
IPEC 300	Inter-professional Education	1	M .Adra, N . Dum it, A . M assouh, N . Alayan
NURS 500	Theories, Concepts and Ethical Fram eworks for Advanced Nursing Practice	2	M .Clinton
NURS 501	Advanced Nursing Practice: Scope and Roles	2	L. Farhood
NURS 504	Advanced Pathophysiology	3	H.Danwish, S.Noumeddine
NURS 505A	Advanced Practice in Adult Gerontology I	4	H.Danwish, S.Noumed- dine

NURS 506	Residency-Advanced Practice in Adult Care II	4	S.Noureddine
NURS 507	Essentials of Nursing Adm in istration and M anagem ent	2	L. Younan
NURS 508	Residency in Nursing Adm inistration	4	M .Clinton,N.Dum it,L. Younan
NURS 517	M odels of Treatm ent- Psychotherapy (Bio-behavioral Nursing Interventions)	3	L. Farhood
NURS 523	Advanced Com unity Assessment ang Interventions	3	M .Arevian, G . Honein
NURS 524	Residency in Community Health Nursing	4	M .Arevian, G.Honein
NURS 526	Comprehensive exam	0	L. Farhood
NURS 527	Developing Health Services Programs	3	N.Dum it
NURS530	Statistical Reasoning and Applications in Nursing Research	2	S.Fares
NURS531	Practical Applications of Budgeting in Nursing	1	L. Younan
NURS 533	Digital Tools for Connected Health	3	L. Younan
NURS 598	Project	3	M. Arevian, M. Clinton, n. Dum it, L. Farhood, H. Darwish, G. Honein, H. Huijer, S. Noureddine, L. Younan
NURS			
598A	Project	3	M .Clinton
IPEC 300	Inter-professional Education	1	Drs. Adra, Dum it, Alayan, Massouh

NURS 599	Thesis	6	M.Clinton, H.Darwish, N.Dumit, L.Farhood, S.
			Noureddine
NURS 599A	Thesis	6	M.Clinton, N.Dumit, H. Darwish
NURS 599B	Thesis	6	M.Clinton, N.Dumit, H. Danwish

## C. SIMULATION TECHNOLOGY at HSON

In 2017, the SCCC provided activities/services - for both AUB and non-AUB users - in line with its mission statement. Users included HSON students enrolled in undergraduate and graduate programs (HSON users), nutrition and dietetics students, medical students, residents, faculty members and nurses from AUB, and elsewhere (non-HSON users).

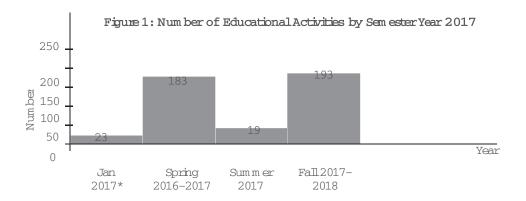
This year all undergraduate nursing courses integrated simulation in their training and included an objective structured clinical examination (OSCE) as part of the course assessment. In addition, more simulation scenarios were developed in-house using all simulation modalities.

The SCCC continued to support non-nursing AUB/AUBM C users. For the first time, the Department of Nutrition & Food Sciences has included a simulation component in its medical nutrition therapy courses. The experience was very much appreciated by both students and faculty.

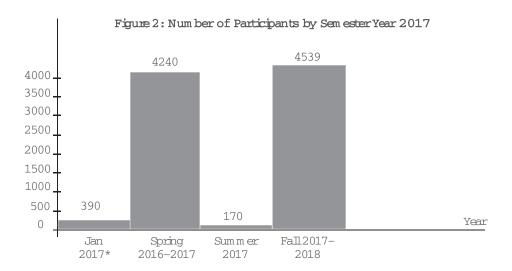
More residents from AUBMC specialties like emergency and obstetrics came in for high-fidelity and skill training this year. There was an increase in use of the simulation facility by AUBMC to address clinical performance issues. The two "In situ simulation" programs, or simulation that is physically integrated into the clinical environment, continued to serve as adjuncts to the quality and system improvements initiatives at the AUBMC Obstetrics and Emergency Departments. Around 24 in-situ simulation sessions were conducted this year in the Emergency Department and two in the Obstetrics Department.

# The figures below sum marize activities that took place at the SCCC by semester

In 2017, SCCC supported 418 simulation training activities/experiences and 9,339 participants, including HSON and non-HSON users. This shows a 24% increase in activity and a 21% increase in number of participants since 2016. The fall sem ester had the highest number of activities (46%) and the highest number of users (49%) (Figure 1 and Figure 2 respectively).



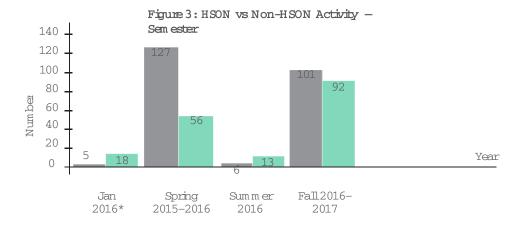
Educational Activity defined as each time the lab is utilized regardless of the objectives or content of the learning/teaching that is occurring.



Participant: a person using the lab whether student, resident, nurse, or employee from AUB/AUBMC community or outside.

<sup>\* (</sup>before the start of Spring 2016 - 2017)

During the spring and fall sem esters, HSON activities outnum bered non-HSON activities with 69% of all activities conducted in the spring. During this sum mer, the lab received more non-HSON users, as the Faculty of Medicine finish its sem ester much later than nursing (see Figure 4). During the spring, an equal num berofHSON and non-HSON participants used the lab. A decline in numbers is noted in the fall as HSON users accounted for 31% of total users.



3500\_ 3127 3000 2500 2106 2134 2000 1500 1000 1412 500 322 158 12 Year Fall 2017-Jan Spring Sum m er 2017\* 2016-2017 2017 2018

Figure 4: HSON vs Non-HSON Partipants - Sem ester

Non-HSON HSON

The use of the facility by HSON, which peaks in students' junior year, doubled the number of activities in 2016. In the MSN program, the SCCC is only used in the advanced assessment course NSO3. There were a total of 9 activities in this course this past year, as shown in Figure 5 below.

Level Sophom ore Junior Senior Graduate

Figure 5: Activity HSON Users by Level

Sophomore: Includes N201 Fundamentals of Nursing Practice and N202 Health Assessment

Junior: Includes N300 Nursing Care Of Adults I, N302 Nursing Care Of Adults II, N304 Nursing Care of the Expectant Fam ily, N306 Nursing Care of Children, and N307 Practicum I

Senior: Includes N400 Critical Care Nursing, N402 M ental Health and Psychiatric Nursing, N408 Community Health Nursing, and N410 Leadership and M anagement in Nursing

# D. STUDENT PROJECTS, THESES, RESIDENCIES

# M SN STUDENT PROJECTS AND THESES

Name	Track	Defense Date	Project	Project Title	Project/Thesis Committee
Mariam Al Sabae	Adm inistration	M arch 29, 2017	Project	Applying Healthcare Failure M ode Effect Analysis to In prove the Process of Chem otherapy Adm inistration at AUBM C-Outpatient Infusion Center	Dr. Honein, Dr. Dum it
W afaa Skaf	Adm inistration	April 10, 2017	Project	A Protocol For A Nurse- Led Navigator Program For New ly Referred Patients For Cobrectal Cancer Investigation In Oncology Clinic Based On A Systematic Integrative Review of Literature	Dr. Honein, Dr. Clinton
Lina Ahmadieh	Adm inistration	April 25, 2017	Project	Policy for Pregnant Nurses at AUBM C	Dr.Clinton,Dr. Younan
Fatim a Chreif	Adm inistration	April 26, 2017	Project	Barriers of Continuing Education for Nurses In Lebanon	Dr.Dum it,Dr. Fares
Ala'a Aww <i>a</i> d	Adult Care	April 28, 2017	Project	Non convulsive Status Epilepticus M anagem ent: Evidence Based Clinical Pathway For AUBM C	Dr. Danwish, Dr. Wassim Nassreddine
Lynda Hashem	Adm inistration	April 28, 2017	Project	The Role of an Advanced Practice Nurse in Coaching Pediatric Congenital Heart Disease Patients Transitioning into Young Adulthood: A proposed program for AUBM C-Children's Heart Center	Dr. Honein, Dr. Clinton

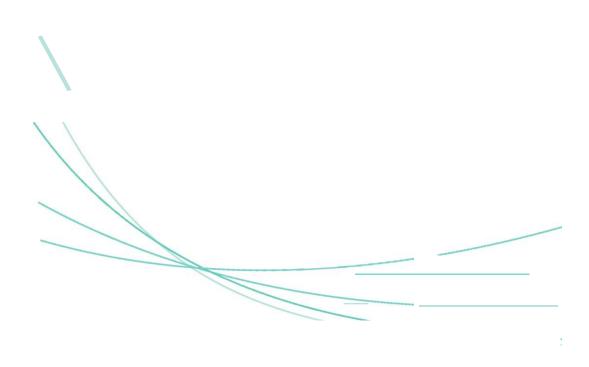
Name	Track	Defense Date	Project	Project Title	Project/Thesis Committee
Victoria Semaan	Adult Care	April 28, 2017	Project	Prevalence of Depression and Anxiety in End Stage Renal Disease Patients Undergoing Hemodialysis at AUBM C	Dr. Nouweddine, Dr. Farhood
Ahm ad Ghaddar	Adm inistration	August 30, 2017	Project	Proposal for establishing an outpatient nuise-led international norm alized ratio clinic at AUBM C	Dr. Honein, Dr. Clinton
M ona Shorba	Adm inistration	September 11,2017	Project	Exploratory Study of Registered Nurses' Turnover in a Private Medical Center in Lebanon	Dr.Dum it ,Dr. Clinton

## M SN STUDENT RESIDENCIES

Name	Track	Resi— dency Term	Residency Supervisor	Residency Site	Preceptor	Preceptor title
Hind Abdel Massih	Adult Care Nursing	Summer 2016- 2017	Samar Nouweddine	AUBMC,St. Jude	Rim a Saad	Clinical Nurse Specialist
M arw a	Commu- nity and	Spring	Bakalian	Howard Kara- gheusian Health		
Ahm ad	Public Health Nursing	2016- 2017	M ary Arevian	Center-Burj Hammoud- Beirut	Nayini Injeian	Nurse Supervisor
Lina Al	Nursing	Sum m er		Cleveland Clin-		SeniorNurse
W attar	Adminis- tration	2016- 2017	Younan Lina	ics, Abu Dhabi	Zeina Kassem	M anager
Joelle	Nursing	Sum m er		AUBM C,		Executive As- sistant, Nursing
Bassila	Adminis- tration	2016- 2017	Younan Lina	general nursing	M aya N izam	Adm inistration, AUBM C

Nam e	Track	Resi- dency Term	Residency Supervisor	Residency Site	Preceptor	Preceptor title
M ay Dassouki	Nursing Adminis- tration	Summer 2016- 2017	Younan Lina	EHMU, AUBMC	NourHassan	Unit Coordinator Evidence-Based Healthcare Management Unit -AUBM C
Lana Iskanda- rani	Nursing Adminis- tration	Summer 2016- 2017	Younan Lina	John Hopkins	Christine Gon- zalez	Nurse M anager
Yvonne Jleilaty	Nursing Adminis- tration	Summer 2015- 2016	Honein Gladys	AUBM C Private clinic adm inistration	Diala Abu Daher	- Administrator
G1ace	Adult Care	Fall	Sam ar	University of Maryland		Nurse practitioner,
Hakim	Nursing	2016- 2017	Noumeddine	Shock and Traum a center	Carla A Aresco	SeniorClinical Program Manager
Lynda Hashem	Nursing Adminis- tration	Summer 2016- 2017	Younan Lina	AUBMC, general nursing	M aya Nizam	Executive Assistant, Nursing Adm inistration, AUBM C
Joelle M assouh	Adult Care Nursing	Summer 2016- 2017	Danwish Hala	Partners Multiple Scienosis Center, Brigham and Women's Hospital, Harvard Medical School, Boston, Massachusetts	Lynn Stazzone	Nurse Practitioner
Hanadi Saad	Commu- Wafaa	nity and Public Health	Nursing Nursing	Columbia Spring 2016- 2017	Spring	1-Assistant Bakalian Mary Arevian

M ichael	University, New York-HSON, AUB	Elizabe th Hall; Mary Arevia n	Professor 2- Clinical Associate Professor				
Skaf	M C  Adm in is- tration	2015- 2016	Clinton	nursing quality department	M s Nada Nassar	Quality m anager	





#### A. STUDENT ENROLLM ENT/SCHOLARSHIPS

- The totalnum ber of applicants to the BSN program for 2017-18 was 490 including applicants sponsored by USAID and by the MasterCard Foundation. The totalnum ber of accepted students was 165 and the totalnum ber who confirmed their enrollment was 61. This includes 1 student accepted as early admission, 4 transfer students from outside AUB, 1 transfer student from within AUB, 2 students sponsored by USAID, 1 working for a second degree, and 1 sponsored by the MasterCard Foundation.
- The total number of applicants to the MSN program for 2017-18 was 32; the total number of accepted students was 26 and the total number who confirmed their enrollment was 9.
- A total of 65 interviews were conducted with new and currently registered BSN students; 52 were recommended for scholarships, and 32 were enrolled. This scholarship is still attracting students who select a nursing major as their 3rd, 4th, or 5th choice when they apply.

	Total
Interviewed	65
Recomm ended	52
Enrolled with scholarships	32
Total new scholarships offered to new and	36
current students	
New students recipients of Sam in Fadli Scholarship	2

• The table below shows student enrollment for the last five years:

BSN					
Student Enrollment	2013-14	2014-15	2015–16	2016–17	2017-18
Applied	285	349	341	356	490
Accepted	141	179	186	182	165
Enrolled	64	70	55	65	61
Yield	45%	39%	30%	36%	37%
Comm itted	52	54	39	55	55
Total Enrollm ent	167	185	172	163	160
Fem ale	81%	77%	72%	68%	68%
M ale	19%	23%	28%	32%	37%
Lebanese	84%	81%	81%	79%	80%
International	14%	19%	19%	21%	23%
BSN /M SN Graduates	35	40	40	34	

	M SN				
Student Enrollment	2013-14	2014-15	2015–16	2016–17	2017-18
Applied	38	47	31	38	32
Accepted	33	42	28	35	26
Enrolled	26	23	12	19	9
Yield	79%	55%	43%	54%	35%
Comm itted	26	22	12	18	9
Total Enrollm ent	60	60	55	51	44
Fem ale	77%	75%	85%	88%	86%
M ale	23%	25%	15%	12%	14%
Lebanese	93%	85%	93%	90%	89%
International	7%	6%	7%	10%	11%
BSN /M SN Graduates	10	17	16	12	

#### B. STUDENT RECRUITMENT AND MARKETING

Student recruitm ent and m arketing of the BSN and M SN programs remain a priority at  ${\tt HSON}$ . The m arketing strategy for student recruitm ent in 2017 included various activities:

- Graduate Open House: HSON participated in the Graduate Open House organized by the Graduate Council to promote graduate programs on February 22, 2017. Similar to previous years, only a very few applicants interested in the MSN program attended the open house.
- School visits: The HSON team visited 13 high schools to recruit students.
   School counselors were contacted and a posterwas sent to all schools inviting high school students to visit the simulation lab at HSON. The SSO will continue to visit schools during the Spring 2017-18 sem ester.
- AUB Annual School Fair: HSON participated in the AUB Annual School Fair for undergraduate programs in April 2017.
- AUBM C Open House: On May 17,2017, HSON participated in the AUBM C Open House to recruit nurses from all over Lebanon. The Student Services Office (SSO) had a booth for the MSN program.
- Orientation for new nurses at AUBM C: During the orientation for new
  nurses at AUBM C in February, M arch, M ay, August, October, and December
  2017, the SSO presented the M SN program requirements. This presentation
  became part of the orientation program organized by AUBM C CPDC.
  - Marketing and promotion of HSON academic programs is done also through:
  - Socialm edia: Facebook, LinkedIn, YouTube, and on the website

- Nursing Centralized Application System (CAS) portal: to recruit students from North America for the M SN program and for the BA/BS-BSN second degree accelerated program. In 2017, we enhanced the features of the HSON programs display on Nursing CAS to become more attractive and provided applicants/potential students with a link to a webinar on HSON academ ic programs.
- Big choice portal: to recruit students from Asia, Africa, and South America, for undergraduate and graduate programs.

#### C. STUDENT ACTIVITIES

Nursing students were involved in various community projects and activities in their Community Course and in events organized by the Nursing Students Society (NSS) in 2017:

- New Student Orientation: During the orientation of new ly enrolled students, some undergraduate and graduate students provided testin onials and success stories about the nursing profession.
- AM IN: A new initiative at HSON was the AUB M entorship in Nursing (AM IN) program that provides new students with mentors to help and guide them as needed. AM IN is headed by Ms. Elizabeth Cantrelland will be one of the responsibilities of the NSS. AM IN reports to the NSS advisor, Dr. Angela Massouh.

The following mentors were selected for Fall 2017-18:

M entors at AM IN
NourAbdullah
Elizabeth Cantrell
Oday Hamade
M ichael Kassis
AmrKayali
Dayana Traboulsi

- Student recruitment: Some BSN students participated in school visits with the student services officer.
- LebM ASH Sem inar: A sem inarwas held on January 25, 2017 at the Hisham Jaroudi Auditorium about the "ethics of treating hom osexual patients" by LebM ASH, the Lebanese Medical Association for Sexual Health. Questions ranging from confidentiality to specific healthcare needs were addressed.
- SchoolFair: Students from the BSN and MSN programs participated in the AUB SchoolFair that was open to students from different high schools.

  HSON had a stand at the Olayan School of Business to inform visitors about the BSN program at AUB.
- The Middle East Student Am bassador Program by Elsevier: Elsevier has launched the Middle East Student Am bassador Program to be able to connect with the University and to support students throughout their careers. One of the nursing students was selected as a Student Am bassador to help Elsevier engage with other students on campus. The main goal of the am bassador is to help Elsevier in writing book reviews whenever they want to promote titles, increase the visibility of Elsevier through social media, and to conduct surveys form arket research.
- Medical Research Volunteer Program (MRVP): Occasionally, undergraduate nursing students volunteer to participate in the Medical Research Volunteer Program (MRVP) organized by AUB.
- AUB Outdoors Nursing students participated in the AUB Outdoors activities in M ay 2017.
- NSS elections: Elections for the Nursing Student Society were held in Septem ber 2017 and the cabinet was formed as follows:
  - President: Dayana Traboulsi
  - Vice President: Elizabeth Cantrell
  - Treasurer: Michael Kassis
  - Secretary: Am r Kayali
  - Mem berat Large: Ram i Al Cham i

• SRC and USFC elections: Elections for the SRC and USFC were held in October 2017 and the results were as follows:

Department		Election Pool	Seats
	NU	NURSING IV and GR	NourAbdallah
	NU	NURSING II and III	JaafarHoteit

- NSS coffee hour: the coffee hourwas on November 28, 2017. It was an
  in-depth open discussion about a wide range of topics focused primarily
  on:
  - o Instructor Course Evaluation (ICEs) and the concept of objectivity. o Loss and Grief in the Clinical Setting.
- Bake Sale: As an annual fundraising activity, NSS organized a bake sale in December 2017.
- ADS Awareness Day: The NSS was active on campus in December 2017 to raise awareness about ADS.

#### D. OTHER STUDENT SERVICES AND RESOURCES

#### Credentialing Requests of Nursing Graduates:

With the great dem and for certification in different areas of nursing, the number of requests for credentials from graduates has increased. In 2017, HSON received 21 requests by foreign institutions to complete students' credentials; the majority were submitted to the Commission on Graduates of Foreign Nursing Schools (CGFNS) in the USA.

#### • Online Petition Form System:

A total of 110 petitions were processed in 2017. The majority were related to underload credits and late course withdrawal Ongoing enhancements were done to improve the Online Petition Form System.

#### Students Evaluation and Scholarship Database:

The project has been initiated by the SSO to automate the student evaluation and scholarship process. It is a major project that involves other parties at AUB, such as the Office of Admissions and Financial Aid. It is ongoing and expected to be completed by the end of spring 2017–18.

#### Student Surveys:

Student Exit Surveys are now part of the Clearance process. This has in proved the response rate.

#### • Electronic Archiving System:

HSON is trying to in plement an electronic archiving system mainly for all student files. The project is being implemented in coordination with the IT team and other departments at AUB who have similar archiving systems.



# IV. RESEARCH AND SCHOLARLY ACTIVITIES

#### A. CURRENT HSON FACULTY RESEARCH

#### Principal Investigator: Huda Abu-Saad Huijer Palliative Care in Older Adults in Lebanon

The purpose of this study is to evaluate the quality of palliative care (PC), the quality of life (QoL), symptom management, and functional ability among hospitalized older adults in need of palliative care in Lebanon.

The study follows the observational survey design. Data is being collected from three hospitals: AUBM C, St. George, and AinWaezein. Face to face interviews are carried out using the Quality of Palliative Care Questionnaire—Adult (QPCQ—A) that was constructed using several instruments measuring quality of life, symptom prevalence and management, quality of care, and functional ability.

Co-Investigators: Marina Adra, Hala Darwish, Souha Fares, Hussam Ghusn, Ram zi Hajjar, George Karam, Samar Noureddine

Funding: CNRS

Status: Data collection completed. Data analysis and write-up in progress.

#### Principle Investigator: Huda Abu-Saad Huijer

Chronic Pain: The Developm ent and Psychom etric Validation of an Arabic-Language Version of the Pain Catastrophizing Scale (PCS-A)

Chronic pain is believed to be a disease on its own and has been increasing in prevalence. While reporting or anticipating pain, patients experience a negative "mental set" of catastrophizing that has been described as an exaggerated cognitive-affective response to actual or anticipated pain. The 13-item Pain Catastrophizing Scale (PCS) is the most widely used measure of pain-specific catastrophizing and assesses three dimensions: rum ination, magnification, and helplessness. The PCS has been translated and validated in several languages though no Arabic version exists that measures an important predictor of pain and pain-related outcomes. Thus, the purpose of the project is to develop and psychometrically evaluate PCS in the Arabic language among a sample of 150 adults in Lebanon.

Co-investigators: Dr. Douglas French, Professor of Psychology, University of

Moncton, Canada **Funding:** Pfizer

Status: Completed. One article published and others in preparation.

#### Principal Investigator: Wassim Abou Kheir

## Young versus Old: A Potential Role for Vitam in D Supplementation in M odulating Adult Neurogenesis and Hippocam pal-Related Functions

The overallaim of this study is to exam ine the effect of the supplementation with the active metabolite of Vitam in D on hippocam palneurogenesis and hippocam palnelated functions in 2-3 months young as well as 24-25 months older adult mice. Our current hypothesis is that Vitam in D3 supplementation will increase the rate of hippocam palneurogenesis and will enhance the hippocam palnelated functions, especially in the older adult mice group that is subjected to continuous supplementation. This work will show the importance of Vitam in D in protecting cognitive functions and in inducing adult neurogenesis.

Co PI: Hala Darwish and Noel Ghanem

Funding: Farouk Jabre Award

Status: Ongoing.

#### Principle Investigator: Marina Gharibian Adra

#### Exploring Resident staff relationships in nursing homes in the Lebanon

To explore the prevailing relationships between nursing home residents and staff and to elicit the factors that influence these relationships.

Co-investigators: Zepur Aharonian, Abla Sibai

Funding: M PP
Status: Ongoing.

#### Principal Investigator: Elie Akl

### Exploring the factors in pacting the trust of the Lebanese public in physicians:

#### a qualitative study

The aim of this qualitative study is to explore the factors that in pact the trust of the Lebanese public in physicians.

Co-investigators: Gladys Honein, Bashir Shaya, Ali Khalil, Nadine Al Homsi, Kevin Eid, Zeinab Haidar, Kelly Merheb.

Funding: None

Status: Manuscript in preparation.

#### Principal Investigator: Elie Akl

# Characterizing the interaction between physicians, pharm acists and pharm accutical representatives in a middle-income country: a qualitative study

The aim of this qualitative study is to explore the nature, intensity, and effect of the interactions between pharm accutical companies, physicians, and pharm acists on drug prescription and dispensing practices in Lebanon, a middle-income country.

Co-investigators: Gladys Honein, Rim a Hajjar, Mohammed Cheaito, Aya Bassatne Funding: None

Status: Accepted for publication in PLOS ONE on August 30, 2017.

#### Principal Investigator: Elie Akl

#### Using Media to impact health policy making: A systematic integrative

**review** This integrative system atic review aims to assess the effects of planned media - including social media - interventions on the health policymaking process.

**Co-investigators:** Lam a Bou-Karroum , Fadi El-Jardali, Nour Hem adi, Yasm ine Faraj, Utkarsh Ojha, Maher Shahrour, Andrea Darzi, Maha Ali, Carine Doum it, Etienne Langlois, **Gladys Honein**.

**Funding:** Alliance for Health Policy and System's Research, World Health Organization

Status: Published in Implementation Science, July 2017.

#### Principal Investigator: M onique Chaaya Dementia in Lebanon: a follow-up study

This proposed study aims to follow up on the initial cohort of 408 older adults in order to assess the risk of dementia in terms of incidence and to provide an update on its prevalence. In addition, the study will investigate risk factors of dementia, mortality and morbidity levels, and major health outcomes, specifically hospitalization and nursing home placement. The study also aims to measure caregivers'mental health and burden of care.

Co- PI: Hala Darwish, Ram zi Hajjar

Funding: CNRS
Status: Ongoing.

#### Principal Investigator: M onique Chaaya

## Building the cohort of older adults in Lebanon: Establishing the baseline in Beqaa

This proposed study aims to build a larger community cohort by expanding to other areas of Lebanon, specifically the Bequa area, collecting comprehensive baseline data from older adults aged 65 years and above. Bequa represents 13% of the elderly population and is chosen because of its unique socio demographic profile with high consanguinity and high exposure to pesticides due to the reliance on agricultural activities.

Co PI: Hala Darwish and Ram zi Hajjar

Funding: URB
Status: Ongoing.

#### Principal Investigator: Mariene Chakhtoura Research Fellowship Program at AUB-MC

The aim of this qualitative study is to explore research fellows' and mentors' views about research training at AUBM C and the challenges they face. Taking into consideration the currently available models in the US, and based on the suggestions and needs identified locally, we will establish a formal training program for research fellows.

Co-investigators: Gladys Honein, Rola Rassi, Elie Akl

Funding: AUBM C

Status: Data analysis in progress.

#### Principal Investigator: Michael Clinton

From Education to Practice: The Challenges that Nursing Students and Novice

#### Nurses Face in Lebanon

This qualitative study involves three university sites and three hospitals in Lebanon. The study is designed to investigate from the point of view of students and registered nurses (RNs) in the first year of practice the challenges they face as they engage in clinical nursing practice. The study focuses on challenges that are unique to Lebanon. Separate focus groups will be formed at the three universities. The three focus groups will explore the challenges students face as they transition to the clinical experience in BSN IV. Separate focus groups will be established at three hospitals in Beirut. The hospitals will be those that generally recruit the most graduates from the respective universities. The three focus groups will focus on the challenges RNs face in their first year of practice in Lebanon. Thematic analysis and the constant comparative method will be used to analyze the data. The study findings may suggest strategies for reducing attrition in BSN programs in Lebanon and may assist hospital administrations to reduce attrition of RNs in their first year of practice.

Co-principal Investigators: M yma Doum it, Saw san Ezzeddine, Ursula Rizk

Design: Qualitative study using focus groups

Funding: None

Status: M anuscript is in press.

#### Principal Investigator: M ichael Clinton

Comparison of organizational research climates in universities in Lebanon, Canada and Australia: An initial study

The strategic purpose of this initial study is to establish an international program of research focused on the regulation of hum an subject research. In this initial study the organizational research climates of selected universities in Lebanon,

Canada and Australia will be described and compared. Subject to ethical and institutional approval the study will be conducted at the American University of Beirut, the Lebanese American University, the University of Saskatchewan, and the University of New castle, New South Wales. This survey is the first of its kind to assess from the perspective of investigators and graduate students the organizational research climate in three countries. The results will provide a basis for expanding the survey to other universities in Lebanon and the wider region, Canada and Australia.

Funding: None
Status: In progress.

#### Principal Investigator: Hala Darwish

#### Brief International cognitive assessment for MS (BICAMS)-Arabic

The aim of this study is to validate the well-established Brief International Cognitive Assessment for Multiple Sclerosis (BICAMS) in Arabic. The test stimuli and administration procedures will be standardized in Arabic. The validity and the test-retest reliability of the different tests will be assessed. Finally, we will establish the normative data for Lebanon.

Co-PIs: Sam ia Khoury and Bassem Yamout

Funding: Novartis / M ENACTRIM S

Status: Ongoing.

#### Principal Investigator: Hala Darwish

#### Environm ental enrichm ent affects spontaneous object recognition, tem poral orderm em ory, and epigenetic events post mild traum atic brain injury

In this study, an animalm odel of TBI is induced using controlled cortical in pact head injury atm ild intensity to cause the trauma. The aim of the study is to exam ine the effect of Complex Enrichment (EC) on cognitive deficits and evaluate the injury-induced epigenetic events and cellular damage associated with mild traumatic brain injury.

Co-PI: Elie Al- Chaer Funding: M PP-RFA Status: Ongoing.

#### Principal Investigator: Hala Darwish

Longitudinal effect of Vitam in D3 replacement on cognitive performance and MRImarkers in Multiple Sclerosis patients: A single-Blind Randomized Clinical Trial

This is a longitudinal single blind random ized trial to test the effects of high compared to low dose Vitam in D3 supplementation on cognitive performance at 6 and 12 m on this, and MRIm easures of 12 m on this duration.

Co-PI: Sam ia Khoury, Nabil El Ayoubi, Salem Hannoun

Funding: M PP Status: IRB review.

#### Principal Investigator: Hala Darwish

Environm ental Enrichm ent and Exercise (EE+Ex) affects object recognition, spatial learning and m em ory, and epigenetic events post severe traum atic brain injury

Severe Traum atic Brain Injury (TBI) survivors suffer from persistent cognitive deficits. Sim ilarly, bng-term recognition, temporal order and spatial learning and m em ory deficits follow experim entally induced severe TBI in rats. Therapies such as environm ental enrichm ent (EE) and exercise are promising and enhance m em ory functions post severe TBI. How ever, few studies have exam ined epigenetic, astrocytic changes in relation to memory functions after EE and exercise. Severe TBI using controlled cortical in pact head in jury in mice will be used. After 14 and 21 days of EE coupled with daily exercise, spontaneous object recognition, temporal order and spatial learning and memory will be assessed using an open field and Morris watermaze. Neurogenesis, epigenetic events and astrocytes changes will be measured using immunohistochemistry labeling and quantitative realtime PCR. Decreased memory in pairment and increase in neurogenesis in the experim ental group compared to controls is expected; in addition to an elevation in the number of astrocytes as well as up-regulation in GFAP and Vin entin expression. Decreased DNA methylation and increased histone acetylation in the hippocam pus are expected as well. Controlling and modifying the severe TBI survivors' environm ent as well as exercise to stimulate and restore sensory, motor and cognitive function is of great clinical in portance.

Co-investigator: Firas Kobeissy

Funding: CNRS

Status: Pending funding from CNRS.

#### Principal Investigator: Hassan Dhaini

N-Acetylation Traits as Effect M odifiers of the Association between Sm oking-based Arylam ine Exposure and Tum origenic Outcome in Lebanese Unothelial Bladder Cancer Patients

The study aim s to investigate a potential association between smoking and tum origenic outcome in unothelial bladder cancer patients, as well as to exam ine the modifying effect of metabolic N-acetylation traits. This study is expected to improve our understanding of the etiology of bladder cancer. We anticipate providing evidence in support of a gene-environment interaction that may underlie the unusually high incidence of bladder cancer in Lebanon.

Co-investigator: Souha Fares

Funding: URB

Status: Data collection in progress.

#### Principal Investigator: Suzanne R. Dhaini

Implicit Rationing of Nursing Care among Lebanese Patients (Rational) — A Longitudinal Study on the Variations, Trends, Predictors, and Outcomes of Rationed Nursing Care

The purpose of this study is to investigate the variations and trends of rationing of nursing care on a shift-level basis over time on medical, surgical and pediatric units in a Lebanese university affiliated hospital and its association with work environment factors, as well as nurse and patient outcomes.

Co-investigator: Michael Sinon, Dietmar Ausserhofer, Nuhad Dumit, Huda Abu-Saad Huijer

Funding: M PP

Status: Data Collection.

#### Principal Investigator: Nuhad Dum it

## Analyzing the Antecedents of Nurses Absenteeism in Medical Centers in Lebanon

The main aim of this study is to exam ine sickness absences at majorm edical centers across the country in terms of prevalence, nature, causes, trends, frequency, cost, and in pact on services provided. Another aim is to explore reasons for sickness absence in order to recommend and implement appropriate intervention (s) for effective absence management. A third aim is to validate the JOINT model created in a systematic literature review (article published) by the investigators.

Co-investigator: Lina Daouk Oyry

Funding: Evidence-based Healthcare M anagement Unit, AUB

Status: Ongoing.

#### Principal Investigator: Nuhad Dum it

## Assessing Basic and Continuing Education Learning Needs of Nurses in Lebanon

The purpose of the study is to identify the basic and continuing education learning needs and preferred ways of learning of bedside nurses in Lebanese hospitals. It is expected that the results of this study will inform the design of basic and continuing education programs that can be tailored to the needs of bedside nurses. This study is being done in collaboration with the Order of Nurses in Lebanon and nursing faculty mem bers from the University of Saint Joseph, University of Balam and, and Lebanese University.

Co-investigators: Souha Fares, Marie Therese Sabbagh, Mireille Najjar, Gisel Hajal, Vicky Jubran

Funding: In-kind support from the Order of Nurses in Lebanon

Status: Data analysis in progress.

#### Principal Investigator: Nuhad Dum it

#### Exploring continuing education learning needs of nurse managers in Lebanon

The overall aim is to assess the continuing education needs of nurse managers in Lebanon

Co-investigator: Souha Fares

Funding: URB

Status: Data analysis in progress.

#### Principal Investigator: Nuhad Dum it

## The Impact of the Syrian Refugee Crisis on Nurses and the healthcare system in Lebanon

The main purpose of this study was to assess the impact of the Syrian refugee crisis on the healthcare system and on nurses in particular as voiced by nurses them selves.

Co-Investigators: Gladys Honein, Suzanne Dhaini, Nathalie Richa

Funding: None

**Status:** Qualitative data collection completed; quantitative data collection method and instrument is being planned.

#### Principle Investigator: Souha Fares

#### The first Arabic version of the Actual Scope of Nursing Practice

Scale: Psychom etric Evaluation

The purpose of this study was to review the psychom etric properties of the Arabic version of the Actual Scope of Nursing Practice Questionnaire (A-ASCOP).

Co-investigators: Lina Younan, Michael Clinton.

Funding: no funding

Status: Article submitted for publication.

#### Principle Investigator: Souha Fares

## Abnormal Blood Pressure Complexity and Fluctuation: An Indicator of Vascular Disease Independent of Blood Pressure

The research proposal is focused on the use of non-conventional blood pressure variability (BPV) m etrics (complexity measures and detrended fluctuation analysis exponents) to exam ine the potential role of this novel cardiovascular risk factor in the

adult Lebanese population. Our prin any objective is to determ ine the effect of weight bas through bariatric surgery on blood pressure dynam is in obese and morbidly obese norm otensives (No-HTN), pre-hypertensive (pre-HTN) and hypertensive patients (HTN). We also aim to show that beat-to-beat BP complexity and fluctuation metrics will provide superior discrimination between No-HTN, pre-HTN and HTN subjects, and will differ for demographic sub-cohorts. Another objective is to quantify the impact of BPV on the normal and shear stresses at the walls of the blood vessels.

Co-investigators: Kam al Badr, Bassem Safadi and Issam Lakkis

Funding: M PP

Status: RB approval.

#### Principal Investigator: Laila Farhood

Prom oting Psychosocial and Mental Healthcare through Community—based Educational Workshops for Teachers and Parents: A Follow—up to Mental Health Assessments in Civilians Exposed to Traumatic Events of War in the South of Lebanon

This intervention study employs a quantitative, quasi-experimental pre-post design in which community-based educational programs with teachers and parents were implemented in two schools in South Lebanon. The study consisted of two phases. In the first phase audio taped focus groups with teachers and parents were conducted in order to identify their attitudes and beliefs towards mental illness, symptoms and treatment (this paper was published in JTN). Based on the identified themes, community-based educational programs with the same sample were implemented. Mental health educational workshops were conducted by mental health professionals in psychiatry and psychology over the course of six weeks (two perweekend) in one venue at Marjeyoun National School. Both teachers and parents participated in the workshops, which sought to address various topics on mental health and psychosocial care. The efficacy of this intervention was assessed by comparing scores on PTSD, General Health, Strengths and Difficulties, and Attitudes Towards Mental Illness Questionnaires prior to and after its in plementation, as well as at 15 year follow up.

Co-investigators: FadiM aabuf, Myma Doum it and Souha Fares

Funding: M PP and URB

Status: Data collection done, 2 papers in press, another in progress.

#### Principal Investigator: Laila Farhood

#### An Investigation of War Traum a Experiences and Post-Traum atic Stress Reactions in a South Lebanese Civilian Sample: How Does Gender Fit in the Equation?

This study is part of a bigger one assessing PTSD, Depression and other psychiatric morbidities and their mediating factors in a civilian population exposed to war. The study aimed to assess gender differences in: (1) PTSD prevalence; (2) reported traum a types; (3) reported clusters of symptoms of trauma; and (4) risk factors associated with PTSD. These findings, in turn, enabled us to draw different PTSD symptom, trauma-vulnerability, and risk factor profiles for civilian men and women exposed to war traumas. These profiles would yield insight on alternative assessment and intervention strategies that are sensitive to both genders and strategies that are not necessarily considered in today's approach to PTSD assessment and intervention.

Co-investigators: Souha Fares, Carm en Ham ady

Funding: M PP, URB

Status: M anuscript subm itted. SPPE (Social Psychiatry + Psychiatric Epidem iology)

Under review.

#### Principal Investigator: Fouad Fouad

#### Inform al Provision of Health Services for Syrian Refugees in Lebanon

This project aim s to conduct a mapping of the informal community-led health initiatives within the Syrian refugee population in Lebanon, and to understand how they are coping with the humanitarian assistance gap to cover their needs.

**Co-Investigators: Gladys Honein,** Lam is Jom aa, M ona Osm an, Nasser Yassin, Shadi.Saleh

Funding: CRS

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Status: Data collection.

# Principal Investigator: Ghada ElHajj Fuleihan Capacity Building in Chronic Non-Communicable Diseases at the American University of Beirut: A Programmatic Multidisciplinary Curriculum Based on Interfaculty Approach

This training grant aims at building research capacity in chronic, non-communicable diseases and disorders across the lifespan. The grant includes a short-term certificate program, medium—term mentoring of thesis, and long—term training through a master's degree in clinical research. This program involves the Faculty of Medicine, HSON, the Faculty of Health Sciences, and the Faculty of Agricultural and Food Sciences.

Co-investigators: Huda Abu-Saad Huijer, Robert Habib, Nahla Hwalla, Abla Mehio Sibai, and US collaborator Christos Mantzaros

M entors: Huda Abu-Saad Huijer, M onique Chaaya, Ghada El-Hajj Fulehan, Robert Habib, Nahla Hwalla, Ayad Jaffa, M ona Nabulsi, Sam ar Noureddine, Om ar Obeid, Abla Sibai

Co-m entors: Hala Darwish and Nuhad Dum it

Funding: N H and Fogarty International Grant # PAR-10-257: Chronic, Non-Communicable Diseases and Disorders across the Lifespan (D 43)

**Status:** Ongoing. Four cohorts including HSON junior faculty and MSN students have completed the SHARP sum mercertificate program on an annual basis.

#### Principal Investigator: Gladys Honein

User acceptance of electronic patient portal (EPP) for self-management of diabetes and chronic high blood pressure at the Family Practice Clinic of the American University of Beirut, Lebanon

The aim of this study is to explore the demographic characteristics, the perceived ease and usefulness, the subjective and social norms of potential users of Electronic Patient Portal at the American University of Beirut Medical Center-Family Practice Clinic

Co-researchers: Dr. Joum ana Antoun

Funding: M PP

Status: Data analysis and m anuscript preparation.

#### Principal Investigator: Gladys Honein

#### Is there a need for a guideline regarding anaphylaxis management for nurses working in schools and daycares in Lebanon?

The aim of this study is to assess the Lebanese school nurses' current practices in the management of anaphylaxis reaction and to explore their perceived need for a protocol to m anage anaphylaxis reaction.

#### Co-investigator and responsible for the design of the study: Tam ar Avedissian

Funding: Order of Nurses in Lebanon

Status: Data analysis and m anuscript preparation.

#### Principal Investigator: Gladys Honein

#### Towards a Fam ily-Practice Based Primary Care in Eastern Mediternanean Region: Roles and Functions of Nursing and M idw ifery W orkforce.

In this study, our aim is to gather evidence based on actual practices to evaluate and scale up the primary care workforce in support of implementing family practice in the EMRO region. In this report, the main focus is describing the nurses' and m idwives' roles as part of an inter-disciplinary team and the factors that influence these roles.

#### Co-investigators: T. Avedissian, M. Arevian, E. Dyer

Funding: World Health Organization, Eastern Mediterranean Office Status: Report submitted in July; Manuscript will be submitted to Eastern Mediterranean Health Journal on health workforce.

#### Principal Investigator: Gladys Honein

#### Community Health Assessment of Needs and Continuous Empowerment (CHANCE) - An experience-based co-design approach

To assess the learning needs of community-based nurses and to develop an intervention training program to address the top priority learning need.

Co-Investigators: Nuhad Dum it, Nathalie Richa, Mary Arevian, Tamar Avedissian, Bahia Abdallah

Funding: URB

Status: Awaiting IRB approval.

#### Principal Investigator: Gladys Honein

## Exploring the benefits and drawbacks of a new approach form anaging conflict of interest in guideline development

The Canadian guideline for use of opioids in chronic non-cancerpain used an innovative approach for the management of financial and intellectual conflicts of interest, which was to have a team of unconflicted clinician—methodologists serving on the voting guideline panel, and to have a team of content experts, including individuals with financial and/or intellectual conflicts of interest, to guide the panelists and provide content expertise. This study aims to explore the benefits and draw backs of this approach, and whether it could serve as a potential model form anaging in portant aspects of conflict of interest in future guidelines.

Co-Investigators: Elie Akl, Sam antha Craigie, Jason Busse, Justin Ho, Gordon

Guyatt

Funding: None

Status: Data collection.

#### Principal Investigator: Gladys Honein

#### Patients' Perceptions of Nurses and Physicians' Listening Behaviors, Education, and Empathy

The purpose of this study is to understand the ways in which medical/surgical patients, during hospital stay at AUBM C recognize, identify and understand, the ways in which bedside nurses and physicians' behaviors conveyed aspects of communication (listening versus the absence of listening; empathy projected, interpersonal skills and education provider by nurses and physicians). The objective of this study is to assess the patients' perception regarding communication by the physician and nurse and how this affects patient experience and satisfaction.

Co-investigators: Ahm ad Diab, Lam a AlJurdi

Funding: None

Status: Research proposalas part of NAP.

#### Principal Investigator: Fadi El-Jardali

Barriers and facilitators to the implementation of health benefit packages in low- and middle-income countries: a systematic review

The objective of this study is to system atically review the evidence on the barriers and facilitators to the implementation of health benefit packages in low-income and m iddle-incom e countries. Specifically, we will focus on health benefit packages that are in plan ented through community-based health insurance schemes or by a country's Ministry of Health via primary healthcare or contracted out to nongovernm entalorganization.

Co-investigators: Fadi El-Jardali, Racha Fadlallah, Aref Daouk, Rana Rizk, Nour Hem adi, O la El Kebbi, Aida Farha, Gladys Honein, Elie Akl.

Funding: Alliance for Health Policy and System's Research, World Health Organization Status: Submitted for publication Health Policy and Planning.

#### Principal Investigator: Lam is Journ aa

#### Perceptions and Experiences of Community Workers and Syrian Refugees towards Community Kitchens in Lebanon: A Qualitative Study

This research ain s at exploring the perceptions and experiences of Syrian refugees and community workers towards community kitchens in Lebanon and identifying the factors associated with the success and sustainability of these kitchens.

Co-investigators: Gladys Honein, Shady Hamadeh, Nadiya Ibrahim

Funding: None

Status: Manuscript preparation.

#### Principal Investigator: Lina Kantar Preceptor-Driven Clinical Teaching in Undergraduate Nursing Education:

A Cognitive Task Analysis Research

This study aims at understanding the nature of clinical teaching rendered by preceptors to undergraduate nursing students in practice settings, and at exploring the pedagogical principles and educational processes that preceptors employ to impact student learning. The descriptive, qualitative, multiple-case study design, guided by the cognitive task analysis research technique, will be used to gain insights into how the preceptors provide direct clinical instruction to undergraduate nursing students.

Co-investigator: Saw san Ezzeddine

Funding: URB

Status: Data collection.

#### Principal Investigator: Lina Kantar

## Preceptors' Perspectives on their Teaching Practice: Implications for Academ ia and Service

This study aim s at exploring the experiences of preceptors in the clinical teaching of nursing students, to assess their educational needs and preparedness for teaching. The qualitative, focus group interview will be used to gain insights into the experiences of 30 clinical preceptors, situated in three recognized health care facilities in Beirut. The emergent themes will guide both academ is and service into the development of a curriculum targeting the teaching behaviors and teaching practices of preceptors.

Co-investigator: None

Funding: Center for Teaching and Learning - AUB (2017-18)

Status: RB approval.

#### Principal Investigator: May Khoury

#### Palliative care: Educational Intervention for Nurses in Lebanon: An

Attempt The purpose of this study is to assess the effectiveness of Palliative Care continuing educational intervention for registered nurses at the American University of Beirut Medical Center; and to recommend future educational programs.

Co-investigators: Mary Arevian, Suha Fares and Ghina El Khatib

Funding: None

Status: Data analysis in progress.

#### Principal Investigator: Sam ia Khoury

## M icroglial activation and neural stem cells cross talk post Traum atic Brain Injury

M imoglia are m acrophage cells in the Central Nervous System, at the front line of CNS immunological defense. They play an important role in Mild Traumatic Brain Injury (mTBI) which may be beneficial or detrimental depending on their state of activation. This project aims to:

1. Evaluate spatio-tem poral activation of m icroglia cells and the role of m icroglial activation at 2,7~&~35 days post-TBI, in rodents.

2. Characterize the behavioral deficits post TBI and correlate outcomes with neural injury and immunological indices.

Co-Investigators: Hala Darwish and Firas Kobeissy

Funding: Office of Naval Research - US Department of Defense (DOD)

Status: Ongoing.

#### Principal Investigator: Firas Kobeissy

DualNeurotherapeutic Effects of Docosahexaenoic Acid (DHA) and Arachidonic Acid (AA) with NeonatalNeuralStem Cell transplantation Post Traum atic Brain Injury

Based on our prelim inary results obtained on DHA-NSCs work we hypothesize that neonatal NSCs transplantation in combination with AA with orwithout DHA injections would am eliorate brain damage and promote functional recovery.

Co-Investigators: Hala Darwish

Funding: M PP
Status: Ongoing.

#### Principal Investigator: Firas Koubaissy

A novel neurotherapeutic approach for neural stem cell delivery using injectable GelM A hydrogel for brain tissue repair post traum atic brain injury

Based on our preliminary results obtained on DHA-NSCs work we hypothesize that neonatal NSCs transplantation in combination with AA with orwithout DHA injections would am elionate brain damage and promote functional recovery.

Co-investigators: M D Anwarul Hasan, Hala Darwish

Funding: Farouk Jabre Interfaculty Award

Status: Ongoing.

#### Principal Investigator: Tam ara Lotfi

The Global Evidence Synthesis Initiative (GESI) Needs Assessment

This study aims at better understanding the needs of the GESINetwork centers.

Co-investigators: Gladys Honein, Cynthia Rizkalla, Elie Akl

Funding: GESI

Status: Data analysis in progress.

#### Principal Investigator: Angela M assouh

#### Determinants of Self-care in a sample of Lebanese Patients with Heart Failure

The prin ary purpose of this study is to describe self-care behaviors and their determ in ants in a sample of Lebanese patients with HF and subsequently make recommendations for interventions to promote self-care among this vulnerable patient population. The specific aim of this study is to describe the relationships among clinical and sociodem ographic characteristics, functional ability, and psychological status and self-care in a sample of Lebanese patients with heart failure.

Co-investigators: Huda Abu-Saad Huijer, Paula Meek

Funding: URB
Status: Finalized.

#### Principal Investigator: Farah Naja

## Barriers and opportunities for enhancing subject recruitment and retention in mother and child cohort studies: Findings from the MINA cohort

In this study, we aim at investigating barriers and challenges to participation in cohort studies from the perspectives of both study participants as well as staff mem bers carrying the immediate responsibility of subjects' recruitment.

Co-investigators: Gladys Honein, Ghina Ghazeeri, Lara Nasreddine

Funding: Qatar National Research Fund QNRF) under the National Priorities

Research Program (NPRP)

Status: M anuscript preparation.

#### Principal Investigator: Sam ar Noureddine

## Validation of an Arabic version of the M innesota Living with Heart Failure Questionnaire

The aim of this study is to test the psychom etric properties of the M innesota Living with Heart Failure Questionnaire used to measure quality of life in a sample of 210 outpatient diagnosed with heart failure recruited from the cardiology clinics and echocardiography lab at AUBM C. Patients will be interviewed using the questionnaire and the PHQ-9 for depression.

Co-nvestigators: Hussain Isma'eel, Hani Tam im , Mariam Zahweh and Hadi Skuri

Funding: None

Status: Data collection in progress.

#### Principal Investigator: Sam ar Noureddine

#### Resuscitation in the Intensive Care Unit: A survey of Physicians in

**Lebanon** The aim of this study is to explore the practices, attritudes and challenges experienced by intensive care physicians related to in-hospital resuscitation. Lim esurvey methodology was used to administer the survey online to 196 members of the Lebanese Society of Critical Care Medicine. Results will inform development of a national policy on cardiopulmonary association.

Co-investigators: Ahm ad Husari, M ira Obeid, Hussain Ism a'eel

Funding: None

Status: Data collection in progress.

#### Principal Investigator: Sam ar Noureddine Health Promotion using SocialMedia in Lebanon

The aim of this random ized controlled trial is to test the efficacy of a 3-m onth behavioral dietary and physical activity (PA) intervention, supported by social media, in promoting adherence to the Lebanese Mediterranean diet and regular moderate PA among overweight and obese individuals. The specific aims are: 1) To test the feasibility, acceptability and preliminary efficacy of a culturally sensitive behavioral intervention on dietary consumption, and physical activity supported by socialmedia in obese and overweight adults; 2) To investigate the effect of the intervention on blood pressure, total cholesterol, LDL, HDL, triglycerides, and fasting blood sugar; 3) To investigate the effect of the intervention on psychosocial determinants of dietary and physical activity behaviors, namely the knowledge of healthy diet, dietary outcome expectancy, physical activity outcome expectancy, dietary self-efficacy, physical activity self-efficacy, dietary intention and physical activity intention; and 4) to investigate the feasibility and acceptability of Facebook and WhatsApp as supplementary delivery modes of the Health Promotion intervention.

Co-investigators: Lara Nasreddine, Marco Bardus, Suha Fares, Hussain Isma'eel.

Funding: Collaborative Stimulus Research grant

Status: Submitted to the Collaborative Stinulus Research grant; pending approval.

#### Principal Investigator: Sam ar Noureddine

## Survey of Paramedic Personnelon Attitudes and Practices Related to Resuscitation of Out of Hospital Cardiac Arrest Victims in Lebanon

This study surveyed 258 em ergency medical technicians from all over Lebanon about their practices and the challenges they face regarding resuscitation of out of hospital cardiac arrest victims.

Co-investigator: M oham ad Hussein Haidar, M azen El Sayyed, Hussein Ism a'eel Funding: None

**Status:** M anuscript under review by the Journal of Em ergencies, Traum a, and Shock.

#### Principal Investigator: Sam ar Noureddine Smoking behaviorafter hospitalization with a coronary event

The aim of the observational longitudinal study is to exam ine the rates of smoking cessation and relapse following hospitalization with an acute coronary event. A number of psychosocial predictors of cessation and relapse are also investigated.

Co-investigator: Habib Dakik, Angela M assouh

Funding: None

Status: M anuscript under review by Nursing Research.

## Principal Investigator: Sam ar Noureddine Survey of the knowledge, attitude and practices related to out of hospital resuscitation among nurses in Lebanon

The aim of this study is to exam ine the know ledge, attitude and practice of nurses in Lebanon related to out of hospital cardiopulm onary resuscitation. A second aim is to identify factors associated with the willingness of nurses to attempt resuscitation outside the hospital setting. The study uses a descriptive quantitative design. A total of 770 nurses will be recruited, including 556 nurses from a sample of 30 hospitals random by selected from the 5 governorates, and 204 nurses working in all the primary health care centers in the country. A self-administered questionnaire developed for this study and validated by experts in resuscitation will be mailed to the nurses. The items address training received by nurses in resuscitation and their related know ledge, experience and attitudes regarding out

of hospital cardiac arrest resuscitation, and the perceived in portance of factors that may influence the nurse's decision to attempt resuscitation outside the hospital setting, in addition to demographic questions.

Co-investigator: Tam ar Avedissian, Nina Khatib, Joanna Irani

Funding: Order of Nurses in Lebanon

Status: Ongoing.

#### Principle Investigator: Saif Al-Qaisi.

The Ergonom ic Benefits of a Laterally-Tilted Operating Room Table and Friction-Reducing Devices when Laterally Transferring Patients to a

Stretcher. The objectives of this research study are: (1) to exam ine the effects of the OR table's lateral angle (flat vs tilted) on the physical bad acting on the nurse, using an electrom yography (EMG) device and subjective ratings of perceived exertion; and (2) to compare three types of friction-reducing devices at both table angles and determ ine the most-effective combination for reducing physical bad on nurses.

Co-investigators: Adnan El Tannir, Lina Younan, Roland Kaddoum

Funding: None

Status: IRB approval secured. Data collection to be started.

#### Principal Investigator: Hani Tam im

## Assessment of Traumatic Brain Injury in Lebanon: A Retrospective Cohort Study

The aim s of this study are to assess the burden and m agnitude of TBI in Lebanon through estimating the period prevalence, demographics of patients, types and mechanisms of injuries and to assess clinical outcomes of TBI patients and to evaluate hospital management of TBI after classifying them into mild, moderate or severe groups, based on clinical judgment and CT findings as per 2014 CDC guidelines.

Co-investigators: Hala Darwish, Firas Kobaissy, Mazen El Sayyed

Funding: M PP

Status: Data collection.

## Principal Investigator: Kathy W ood Symptom M easurement in Patientswith Arrhythmias

The aim of this prospective cross-sectional survey is to evaluate the number and incidence of clinical symptoms and depression, as well as the impact of symptoms on patients living with a variety of arrhythm iss. Gender differences in symptom perceptions was also examined in a sample of 100 patients with arrhythm iss recruited from the cardiology clinic at AUBMC.

Co-investigator: M arwan Refaat, Sam ar Noureddine, M ostafa Hotait

Funding: Duke University

Status: M anuscript in preparation.

#### Principal Investigator: Ahm ad AlYazbi

## M odulation of m etabolic stress-induced neuro-inflammation by oral anti-diabetic drugs: A proposed role for activation of autophagy

Metabolic syndrome (MetS) remains a public health challenge with significant increase in diabetes and cardiovascular disease risk. A less studied consequence of MetS is the ensuing central nervous system (CNS) inflam mation. Recent evidence suggests an association between neuro-inflam mation in MetS with cognitive in pairment. With a high incidence of diabetes in Lebanon, as estimated by the International Diabetes Federation, a significant proportion of the population would be at risk of developing detrimental cognitive consequences of metabolic stress. Thus, studying the mechanistic link leading to neurobehavioral consequences in metabolic disorders becomes of great local public health value. Additionally, recent introduction of new anti-diabetic agents with presumed pleiotropic effects on the associated inflam matory processes sets the stage for further investigation of the potential CNS protective effect of these drugs in the context of MetS.

Our intent in this proposal is to use a new ly developed ratm odel of metabolic stress to investigate behavioral changes occurring in the context of the pre-diabetes, study the underlying pathology, and exam ine the effect of early treatment with some of the anti-hyperglycem is drugs with presumed benefit.

Ourgoal is to identify targets for early the apeutic interventions and uncover the mechanism for potential corrective effects of oral anti-hyperglycem ic drugs.

Co-investigators: Hala Darwish, Firas Kobeissy

Funding: CNRS

Status: Pending funding from CNRS.

## Principal Investigator: Lina Younan

## How Nursing Work Is Organized in Lebanese Hospitals and Its Effects on Nurses' Wellbeing

The study investigates the relationship among three in portant variables that are not usually explored together: organization of nursing work, fatigue and muscubskeletal injuries. The sample includes 3,157 nurses working in acute care units boated in 39 hospitals across the five districts of Lebanon. The knowledge to be generated from this study will help nurse administrators and regulators identify:

- 1. The delivery models of nursing care in use in Lebanese hospitals and their prevalence.
- 2. The types of activities that nurses actually perform and accordingly delineate the real scope of practice of nurses with different educational levels.
- 3. Nursing staffing patterns in Lebanese hospitals (nainly nurse-to-patient ratios, staff-mix, and educational level of RNs,) and compare them to international standards.
- 4. The relationships between level of nurses' professional education, nursing staffing patterns, models of nursing care and the incidence of nursing fatigue and muscular skeletal injury among nurses.

Co-investigators: Michael Clinton, Fadi El-Jardali, Helen Samaha, Souha Fares

Funding: URB

Status: Data analysis in progress.

#### Principal Investigator: Lina Younan

## The Translation and Cultural Adaptation of an Instrument to Measure the Actual Scope of Nursing Practice

Inform ation on the scope of nursing practice is urgently needed in the Eastern M editerranean region to help policy m akers and directors of nursing develop inform ed workforce plans. This study validated the Arabic translation and cultural adaptation of a research instrument that measures the actual scope of nursing practice.

Co-investigators: Michael Clinton, Helen Samaha, Souha Fares

Funding: HSON seed money

Status: M anuscript subm itted for publication.

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  Concerns of Teachers and Parents of Students in a South Lebanese Sample: A

  Pressing Need. Journal of Transcultural Nursing DOI: 10.1177
- 20. Dourn it M., **Khoury N.M.** (2017) Facilitating and hindering factors for coping with the experience of having a child with cancer; a Lebanese perspective.

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- 23. Fadlallah R., Hem adi N., Morsi R., Abou Sam ra C., Ahm ad A., Arif K., Hishi L., Honein G., Akl E., El-Jardali F. "Barriers and Facilitators to Implementation, Uptake and Sustainability of Community-Based Health Insurance Schemes in Low and Middle Income Countries: A Systematic Review of Nanative Synthesis". International Journal for Equity in Health IJEH-D-17-00316 (In-Press)

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  Neural Stem Cell transplantation Post-Traumatic Brain Injury. Behavioural
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  Gagliardi A.R. Cost analysis of breast cancer diagnostic assessment programs.
  Current Oncology, 2017 Oct;24 (5):e354-e360.
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- 33. Springer R.A. & Clinton M.E. (2017) Inquiring into the effects of the corporatized university and its in plications for graduate nurse education.

  Nursing Inquiry. 2017; e12197. https://doi.org/10.1111/nin.12197
- 34. Sun C., Dohm J., Oweis A., **Abu-Saad Huijer H.**, Abu-Moghli F., Dawani H., Ghazi C., Larson E. Delphi Survey of Clinical Nursing and Midwiffery Research Priorities in the Eastern Mediterranean Region. Journal of Nursing Scholarship, February 8, DOI: 10.1111/jnu.12280.
- 35. Talih F., Ajaltouni J., **Farhood L.** "Depression and burnout among nurses in a Lebanese academ ic medical center". Medical Lebanese Journal. In press accepted
- 36.AlTouby S., Larson E., **Noureddine S.**, Altaweli R., AlNagshabandi E., ElSeesy N A A., Fathy N., Abubakar F., Ibrahim R. H. (2017). Building Evidence-Based Practice in Resource Limited Settings: Exemplars of success. Global Journal for Research Analysis, 6 (4), 715-9.

## Research/Continuing Education Seminars

The HSON Research Comm ittee (RC) organized a series of research sem inars. The aim of these sem inars is to dissem inate the research findings of the HSON faculty and aluminito the AUB community and to get acquainted with other AUB faculty members' research work. The following were invited to share their research findings:

- Dr. Fadi Zaraket: M arch 29, 2017. Title: Information extraction from medical documents
- Dr. Shadi Saleh: April 19, 2017. Title: HEALTH 2025
- Dr. Lam is Jom aa: Novem ber 29, 2017. Title: Nutrition security of refugees during a protracted crisis: The Case of Lebanon

## C. EDITORIAL POSITIONS

## Huda Abu-Saad Huijer

Associate editor and laterm ember of Editorial Board,	
International Journal of Nursing Studies	
Editorial Board, Journal of Transcultural Nursing	
Editorial Board, Journal of Nursing Scholarship	
Reviewer, European Journal of Pain	
Editorial Board, Japanese Journal of Nursing Science	
Reviewer, Lebanese Medical Journal	
Reviewer, Pediatric Pain Newsletter, IASP	
Reviewer, Journal of Palliative Medicine	
Editorial Board, IASP Insight New sletter	
Editorial Board, Nursing Children and Young People	
Reviewer, Health Promotion International	
Reviewer, Europe's Journal of Psychology	

2012 Ongoing	Reviewer, Journal of Pain and Symptom Management
2013 Ongoing	Editorial Board, Annals of Palliative Medicine
2014 Ongoing	Editorial Board, Alexandria Scientific Nursing Journal (ASNJ)
NourAlayan	
2015 Ongoing	Reviewer, Journal of Addictions Nursing
2015 Ongoing	Reviewer, Japan Journal of Nursing Science
Mary Arevian	
2006 Ongoing	Reviewer, Journal of Interprofessional Care
2006 Ongoing	Reviewer, Journal of Transcultural Nursing
2008 Ongoing	Reviewer, Journal of Women's Health
2012 Ongoing	Reviewer, The Japanese Journal of Nursing Sciences
2012 Ongoing	Reviewer, Journal of Health Promotion International
M ichael Clinton	ı
2010 Ongoing	Editorial Board, International Journal of Mental Health Nursing,
	form enly the Australian and New Zealand Journal of Mental
	Health Nursing
2010 Ongoing	Editorial Board, Journal of Psychosocial Nursing and Mental
	Health Services
2010 Ongoing	Editorial Board, Journal of Mental Health
2010 Ongoing	Editorial Board, Journal of Ethics in Mental Health
2010 Ongoing	Editorial Board, International Journal of Evidence-Based
	Healthcare
2010 Ongoing	Review Panel, Contemporary Nurse
2010 Ongoing	Review Panel, Journal of Nursing Measurement
2010 Ongoing	Reviewer, Journal of Adolescent HealthMichael Clinton
Hala Darwish	
2011 - Present	Editor, the Institute-The AUBM C Abu Haidar Neuroscience
	Institute Newsletter
2012 Ongoing	Reviewer, Electrophoresis (Peer Reviewed Journal)

2012 Ongoing Reviewer, Journal of Neurotraum a

2012 Ongoing	Reviewer, Journal of Clinical ${\rm Im}{\rm m}{\rm unology}$
2013 Ongoing	Editorial Board, Frontiers of Neurotraum a
2015 Ongoing	Reviewer Plbs One

## Nuhad Dum it

2008 Ongoing	Reviewer, Journal of Nursing M anagement
2009 Ongoing	Reviewer, Journal of Interprofessional Care
2013 Ongoing	Reviewer for the BMC Nursing journal by BioMed Central
2014 Ongoing	Reviewer, Journal of Clinical Nursing Research
2014 Ongoing	Editorial Board, Nursing M anagem ent
2016 Ongoing	Nurse rater in M dM aster Online Rating of Evidence (M ORE
	EBN)

## Laila Farhood

2006 Ongoing Editorial Board and Reviewer, Journal of Transcultural Nursing

## Gladys Honein

2014 Ongoing	Reviewer: British Medical Journal Open access	
2015 Ongoing	Reviewer: International Journal of Health Policy and	
	M anagem ent	
2015 Ongoing	Reviewer, Women's Health Issues	
2015 Ongoing	Reviewer, PLOS One	
2017 Ongoing	Reviewer, Cancer Causes & Control	

## Lina Kantar

2013 Ongoing	Reviewer: Center for Teaching and Learning (CTL), AUB.
2014 Ongoing	Reviewer: Nurse Education Today, Elsevier.
2014 Ongoing	Reviewer: Nurse Education in Practice, Elsevier.

## Sam ar Noureddine

2016 Ongoing	Reviewer, BMC Health Services Research
2016 Ongoing	Reviewer, BMC Health Services Research
2015 Ongoing	Reviewer, the Lebanese Nursing Journal

2014 Ongoing Reviewer, Sultan Qaboos University Medical Journal

2013 Ongoing	Editorial Board m em ber, European Journal of Cardiovascular
	Nursing
2013 Ongoing	Editorial Board of the European Journal of Cardiovascular
	Nursing
2012 Ongoing	Reviewer, Heart & Lung: The Journal of Acute and Critical Care
2011 Ongoing	Reviewer, Journal of Cardiovascular Nursing
2011 Ongoing	Reviewer, Journal of Clinical Nursing
2011 Ongoing	Reviewer, Pan African Medical Journal
2009 Ongoing	Reviewer, International Journal of Nursing Studies
2009 Ongoing	Reviewer, Journal of Nursing Scholarship
2009 Ongoing	Reviewer, European Journal of Cardiovascular Nursing
2009 Ongoing	International Editorial Board of Metas de Enfermiera' Nursing
	Journal
2008 Ongoing	Reviewer, American Journal of Critical Care
2008 Ongoing	Editorial Board, Journal of Transcultural Nursing
Lina Younan	
2014 Ongoing	Reviewer, Journal of Nursing M anagement
2016 Ongoing	Reviewer for the University Research Board of the American
	University of Beirut

# D. SCIENTIFIC CONTRIBUTIONS AND RESEARCH GRANT REVIEWS

## Huda Abu-Saad Huijer

2010 Ongoing Reviewer of Medical Practice plan, Faculty of Medicine

Research Committee, AUB

2014-2017 PhD supervision of M s. Angela M assouh, University of

Colorado, USA

2014-2015 Ongoing PhD supervision of Farah Chamaa, Department of

Anatomy Cell Biology and Physiological Sciences,

Faculty of Medicine, AUB

2016 Ongoing Faculty mentoring of Dr. Rihab Nasr, Department of

Anatomy, Cell

Biology and Physiological Sciences, Faculty of

Medicine, AUB.

Hala Darwish

2011–2017 Review er of Medical Practice Plan, Faculty of Medicine

Research Committee, AUB

Nuhad Dum it

2009 Ongoing Reviewer, Western Institute of Nursing conference

Abstracts

2011 Ongoing Reviewer, "Effective Teaching and Learning in Higher

Education," organized by the Center for Teaching and Learning (CTL) and IT Academ is Core Processes and

Systems (IT ACPS), AUB

2012 Ongoing Reviewer, ICN Congress/conference Abstracts

Laila Farhood

2010 Ongoing Reviewer of Medical Practice Plan and University

Research Board grants, AUB (upon request)

2013-2014 Ongoing M PP/URB funding for the Intervention

study "Prom oting psychosocial and m ental healthcare through community-based educational workshops for teachers and parents: A follow-up to m ental health assessment in civilians exposed to traum atic

warevents in the South of Lebanon".

Gladys Honein

2016 Ongoing Abstract review er, North Am erican Prim ary Care Group,

November 9-12, 2016

2016 Ongoing International Undergraduate Awards, Nursing and

m idw ifery panel, June 2016

Lina Kantar

2013 Ongoing Reviewer for: Center for Teaching and Learning (CTL),

AUB.

Sam ar Noureddine

2017 Reviewer of research proposal for the Faculty

Advancement Program at AUBM C

2012 Ongoing Abstract reviewer, Annual Spring Meeting of

the Cardiovascular Council of Nurses and Allied

Professionals

2011 Ongoing Review er for Sultan Qaboos University, Research and

Innovations Department

2010 Ongoing Reviewer of Medical Practice Plan and University

Research Board grants, Faculty of Medicine Research

Com m ittee, AUB

## E. SCHOLARLY LECTURES

## Huda Abu-Saad Huijer

- Abu-Saad Huijer, H. Looking Forward; HSON Facts & Figures. Lecture given at AUB Alumni Association Abu-Dhabi. May 3-5, 2017.
- Abu-Saad Huijer, H. Palliative Care in Lebanon. Basics in Palliative and End-of-Life Care-3. AUB. September 15-16, 2017

#### M arma Adra

- Adra, M. Nursing Home Quality of Life: A Theoretical Model Integrating the
  views of Residents, Staff, and Family Members. Presented at 7th International
  Conference on Geriatrics Gerontology and palliative Nursing, September 4-5,
  2017, Edinburgh, Scotland.
- Adra, M. Strengthening Humanitarian Action through the Integration of
  Older Adults in the Community" A workshop given over 3 days. The audience
  included 20 participants from Amel Association International, Imam Sadr
  Foundation, Makassed Foundation and the Young Men Christian YMCALebanon. The workshop was planned in agreement with the Center for Public
  Health practice—Faculty of Health Sciences, AUB and Help Age through the
  Regional and External Programs office of AUB. April 25, 26, 27, 2017

#### NourAlayan

- Alayan, N. Heart Rate Variability Biofeedback for College Students Recovering
  From Substance Use Disorder: A Longitudinal Analysis of Craving Changes,
  June 16th 2017, Rutgers University, USA
- Alayan, N., & Dam ianos, D.M edication M anagement Course. United Arab Em iastes, September 17–19, 2017

#### Hala Darwish

- Darwish, H. M. S. preceptorship for Traqi Nurses CM E. program coordinator and lecture on Advanced pathophysiology of M. S. and clinical concerns- August 2017
- Darwish, H. Psychology Colloquium at AUB- Improving Cognitive Function after Traum atic Brain Injury (IBI): The Use of Environmental Enrichment and Exercise-October 2017-Invited
- Darwish, H. Second meeting on Neuropsychology Lebanon memory group for clinical research. The Modified Brief International Cognitive Assessment for Multiple Sclerosis (mBICAMS): Evidence of Validity for the first Arabic version-November 2017

- Darwish, H. AUBM C M S weekly conference—Cognitive perform ance and physical activity before and early after M S diagnosis—October 2017
- Daw ish, H. International Brain Research Organization (IBRO) M ENA advanced School and conference on Neurodegenerative Disorders: Translation into clinical neurology. Behavioral assessment techniques of small animals and Vitam in D and MS conference and school in Irbid-Jordan Lectures to be given via Skype expected on Nov 23-2017.
- Darwish, H. Kaafarani A., Nasrallah L., Karout M. &, Kobeissy, F.
   Environmental Enrichment and Exercise affects memory and epigenetic events post severe traumatic brain injury. Presented at the annual Society for Neuroscience meeting in Washington DC, 2017. November 12, 2017.
- Darwish, H. Haddad, R. Osman, S. Ghassan, S. Yamout, B. Tamim, H. and Khoury, S. Effect of Vitamin D Replacement on Cognition in Multiple Sclerosis Patients. Poster presentation at the M ENACTRIM S-Dubai November 24-25 2017
- Darwish, H. Farran, N. Zeinoun, P. Yam out, B. Khoury, S. Modified Brief
  International Cognitive Assessment for Multiple Sclerosis (mBICAMS): Towards
  validating the first Arabic version. Poster presentation MENACTRIMS meeting
  in Dubai—November 24—25 2017
- Zeinoun, P. Fanan, N. Khoury, S. Darwish, H. Development of the Verbal Memory Arabic Test (VMAT). Poster presentation at the 3rd MENACTRIMS meeting—DubaiNovember 24-25 2017

#### Nuhad Dum it

- Invited to speak in a panel discussion addressing "Diabetes in Lebanon,
  Where are we Standing," organized by the Lebanese Society of Endocrinology,
  Diabetes, and Lipids in collaboration with the Ministry of Public health, May 5,
  2017
- Invited to speak in a panel addressing "the Labor Laws affecting the Palestinian nurses in Lebanon," organized by Issam Fares Institute, AUB, May 4,2017

- Invited to speak on "Nursing Practice Regulation as a Foundation for Nursing Specialization" during the "5th annual Beirut Breast Cancer Conference" organized by AUBM C, February 10, 2017
- Invited to speak on a panel addressing the judicial session on "Co-Responsibilities between the Surgeon and the Team Worker" during the "20th Spring Lebanese Congress of Surgery" organized by the Lebanese Society for General Surgery, April 28, 2017
- Invited to speak in a stakeholder dialogue on the subject of "Reducing Preventable Preterm" organized by the Knowledge to Policy (K2P) Center at AUB and the Ministry of Health in Lebanon, Thursday April 6, 2017

#### Souha Fares

- Fares, S. Com plexity of nursing activities in the first Arabic version of the
  Actual Scope of Nursing Practice Scale. A multidim ensional scaling approach.
  Nurses at the Forefront Transforming Care. International Council of Nurses
  Congress. Barcelona, Spain. May 27 June 1, 2017
- Fares, S. Data Analysis M ethods for Nursing Research. Invited to give a session to the CPDC, April 25, 2017

#### Laila Farhood

- Farhood, L. attended W orld psychiatric Association W PA congress October 8–12, 2017, Berlin, Germ any
- Farhood, L. (invited symposium), Risk Factors and Mental Health in Female
  Populations Exposed to Traum atic Events in South Lebanon. Symposium
  Presented at 7th Int. congress on women's mental Health, March 6-9, 2017,
  Dublin Ireland.
- Farhood, L. (Invited Symposium), an Investigation of Experienced War Traum a
  Types, Symptom Clusters, and Risk Factors Associated with Post-Traum atic
  Stress Disorder in a South Lebanese Civilian Sample: How Does Gender Fit in
  the Equation? Symposium Presented at 7th Int. congress on women's mental
  Health, March 6-9, 2017, Dublin Ireland

## Gladys Honein

- Honein-AbouHaidar, G.N. Introduction to qualitative research. Nursing Advancement Program, Clinical Research Unit, April 13, 2017
- Honein-AbouHaidar, G.N. Fiscalm anagement and self-care. Clinical Leadership course. United Arab Emirates, March 7, 2017

#### Lina Kantar

- Kantar L. A 3-day-course on "M edication M anagement" offered to nurses in the UAE (February, 2017).
- Kantar L. Sem in ar on OSCE in Nursing Education: Theoretical Perspectives and Application, offered to the faculty at the HSON on November 11, 2016.
- Kantar L. Myths and Truths about investing in Preceptors in Nursing
  Education'. Paper accepted for presentation at the 44th Annual National
  Conference of the Professional Nurse Educators Group (PNEG), November 10–
  12,2017. Pittsburgh, PA, USA.

#### M ay Khoury

- Khoury, M. Poster presentation in 49th Annual Congress of the International Society of Pediatrics Oncology (SIDP 2017), held in Washington, D.C., October 12-15, 2017.
- Khoury, May. History and Evolution of Palliative Care; Philosophy & Principles
  of Palliative Care and Elements and Models of End-of-Life Care. Basics in
  Palliative and End-of-Life Care-3. AUB. September 15-16, 2017.
- Khoury, May. Avoiding Compassion Fatigue & Burnout. Basics in Palliative and End-of-Life Care-3. AUB. September 15-16, 2017.

#### Dina Madi

 Madi, D. "Pain Assessment & Management Workshop," given twice, over three full days at the Continuing Education Center at Sharjah, UAE. 2016–2017

#### Angela Massouh

- Massouh, A. Hem odynamics Monitoring. Critical Care Conference. Ragheb Harb Hospital. August 2017.
- Massouh, A. Ethics in Critical Care. Critical Care Conference. Ragheb Harb Hospital. August 2017
- Massouh, A. Determinants of Self-Care in a Sample of Lebanese Patients with Heart Failure: A Lebanese Study. American University of Beirut Medical Center Grand Round. July 2017.
- Massouh, A. Educating Asthmatic Patients. Presentation at the "Back to Lebanon: The International Medical Forum" Seminar. Regency Palace Hotel, Adma Lebanon, July 2017.
- Massouh, A. Evidence based Approaches to Cardiovascular Care'. Course Coordinator. American University of Beirut Medical Center. January 2016 through March 2017.
- Massouh, A. Heart Failure Self-Care Education: Non-pharm acological
   Management'. Presentation at the Heart Failure Nurse Training Seminar.
   Lebanon, April 2016.
- Massouh, A.e-CM E001 Updates in Critical Care Nursing'. Course director and speaker, Continuing Medical Education, AUB, Lebanon. October 2016.

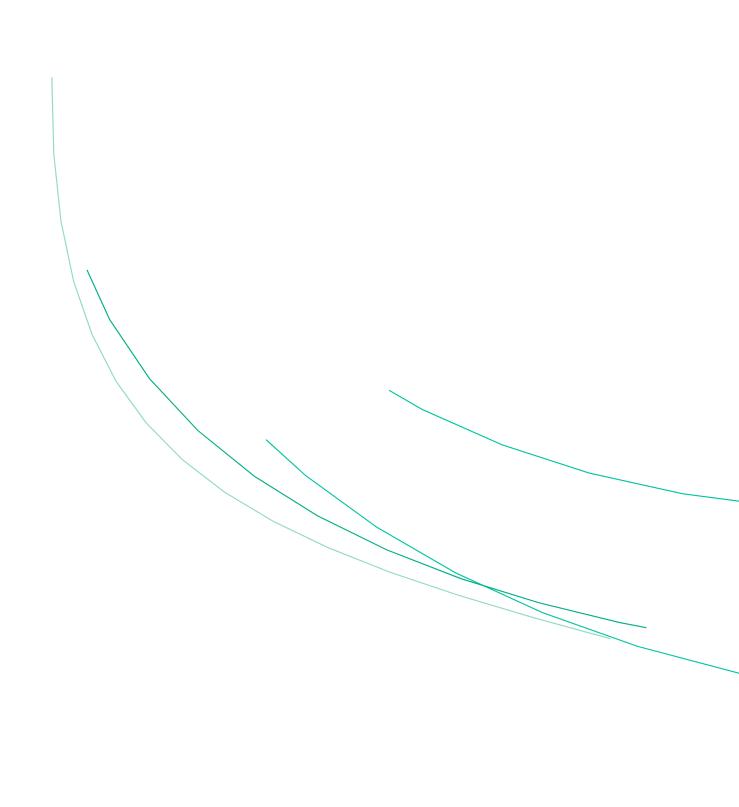
#### Sam ar Noureddine

- Noureddine S.Nursing and M idw ifery Research in the Eastern M editerranean Region. Presentation at the third G bbal Sum m it on Strengthening Clinical Nursing Research: M oving the Agenda Forward for Nursing and M idw ifery Clinical Research Strengthening the Bridge between the Southern/Eastern African and Eastern M editerranean Regions by Columbia University G bbal Center, Amman, Jordan, June 25, 2017 [Invited Presentation].
- Noureddine S. Smoking in Cardiac Patients: An exemplar of Clinical nursing
  Research. Presentation at the third Global Summit on Strengthening Clinical
  Nursing Research: Moving the Agenda Forward for Nursing and Midwifery
  Clinical Research Strengthening the Bridge between the Southern/Eastern

- A frican and Eastern M editerranean Regions by Columbia University Global Center, Amman, Jordan, June 24, 2017 [Invited Presentation].
- Noureddine S. Factors that M ake Patients Continue Smoking after M yocardial Infarction. Presentation at the International Council of Nurses conference in Barcelona, Spain, M ay 28, 2017.
- Noureddine S. The role of nursing in cardiovascular disease prevention: What
  does the research evidence show? The 5th International Nursing conference:
  Scientific Research in the Light of Contemporary Global Changes; Tanta
  University, Egypt, March 15, 2017 [Invited keynote address].

#### Lina Younan

- Younan L. Invited by the Order of Nurses to present in the training the trainer program about "Organizational Communication" (2 hrs), August 2017.
- Younan L. Prepared seven presentation as part of a clinical leadership course for UAE nurses, Jan 2017.
- Younan L. Guest speaker on "Financial Planning" to senior BSN students at LAU, February 2017. As part of their Leadership & Management course (2 hrs).



VI. PROFESSIONAL PRACTICE/SERVICE	

## A. PROFESSIONAL PRACTICE

## Huda Abu-Saad Huijer

- Member of the Harvard Global Equity Initiative—Lancet Commission on Global Access to Pain Control and Palliative Care (GAPPCP). Ongoing.
- Past President, Chi Iota Chapter, Sigm a Theta Tau International Honor Society in Nursing in Lebanon.
- Consultant to W HO EM RO on the Future of Nursing and M idwifery in the Eastern M editerranean Region.
- Member, Advisory Committee, Center for Research, Training, and Policy in Arab Mental Health, Faculty of Medicine, AUB.
- Member of the Public Advisory Board, Lebanese Society of Family Medicine.
- Vice-President, National Comm ittee on Pain Relief and Palliative Care
  (Appointed by M inister of Health) and chair of the Research Comm ittee.
- Past president Lebanese Society for the Study of Pain.
- Member, IASP Developing Countries Working Group
- Member, UC Davis, Advancing Pain Relief Education: Anchoring Pain Competencies around the World
- Member of the Scientific Committee, Oxford Global Health Research Congress, St. Hughes College, Oxford.
- Member of the Advisory Board of the Order of Nurses in Lebanon.
- Member of the Association of Dean and Directors of Schools of Nursing in Lebanon.

#### M arina Adra

- Harini School of Nursing representative to the National Colloquium Comm ittee. Participated in computerizing the colloquium exam.
- Consultation with the nursing director of Dar Al Ajaza Islam iyah Hospital to select nurse managers and supervisors and help develop leadership skills.

## NourAlayan

- Member, Academic and Curriculum Committee, HSON, AUB
- Member, Learning Collaborative for Adolescent SBIRT in Social Work & Nursing Education, the Non-partisan and Objective Research Organization (NORC) at the University of Chicago, USA

#### Nuhad Dum it

- President of the Order of Nurses in Lebanon
- Member of the Western Institute of Nursing
- Member of the advisory board of the Faculty of Health Sciences Beirut
   Arab University
- Member of the Task Force on Lives and Careers of Women Faculty at AUB

## Laila Farhood

- Clinical Associate, Department of Psychiatry, Faculty of Medicine. Clinical
  activities include psychiatric assessment and psychotherapy (individual,
  couple, and family therapy) in in-patient and out-patient settings.
- Member, American Psychiatric Nurses Association (APNA)
- Member, International Society for Traum atic Stress (ISTSS)
- Member, European Society for Traum atic Stress (ESTSS)

#### Lina Kantar

• Member, Scientific committee on the 2nd Simulation-Based Medical Education conference, LAU March, 2017)

## May Khoury

Active m em ber in Pain Relief and Palliative Care Education Sub-Com m ittee
of the National Com m ittee for Pain Relief and Palliative Care established
by the M inistry of Public Health.

- Organizer and participant of The "Basics in Palliative and End-of-Life Care" PC3 workshop.
  - It was offered to health professionals in Lebanon and the Region on September 15 and 16,2017 at Hisham Jaroudi Auditorium, Hariri School of Nursing (AUBM C).
- Active m em ber in the Pediatrics Educational Council at AUBM C to dissem inate the revised policies of pediatric m anuals; a series of sessions were held September -October 2017.

#### Dina Madi

- Participated in a community service program held by the Order of Nurses "Likaa fikulkadaa"
- Represented the Director of the Order of Nurses at the Lions' Award cerem ony and gave a speech.
- Represented the Director of the Order of Nurses at "Kabiruna Project" in collaboration with AUBM C at AlM arkaz AlIslam i-Aicha Bakkar
- Participated in preparing a webinar and videotaping a power point about the BS-BA/BSN program.

## Angela Massouh

- Cardiology Clinical Nurse Specialist. Joint Appointment. Am erican University of Beirut Medical Center.
- Represented Lebanon in the Heart Failure M iddle East and North Africa Roadmap; Dubai.
- Leadership Succession Committee, AUB Honor Society, member.
- Participated in the formulation of the case studies and multiple choice questions for the electronic Colloquium exam for nurses at the Order of Nurses; co-chaired Critical Care Group.
- Organizing Comm ittee, Critical Care Society National Conference,
  Phoenicia Lebanon.

#### Sam ar Noureddine

- Invited to moderate a session titled Better Communication leads to Better Education at the Congress titled Back to Lebanon: The International Medical Forum, organized by the St. Pantaleon Group at the Regency Hotel, Adma, Lebanon, July 27, 2017.
- Gave a Workshop on Writing for Publication: Why and How. Presented to faculty members at Tanta University, Egypt.
- Gave a workshop on Writing for Publication: Why and How to faculty
  members at Tanta University, Egypt, March 16, 2017t.
- Made presentation on programs of research at HSON to the Nursing Advancement Program in Clinical Research at AUBMC, March 9, 2017
- Co-chair, Scientific Committee, Second International Conference of the Order of Nurses in Lebanon Nurses Leading The Vision For Global Health planned for May 9-11, 2018 since March 2017
- President; Nurses' Chapter, Worldwide Alum ni Association of the American University of Beirut since 2014.

#### Lina Younan

- Nom inated as a "subject matter expert" to review and validate hospital
  accreditation standards in Lebanon. the M inistry of Public Health
  in Lebanon has initiated the TrAcc Project (Transforming Hospital
  Accreditation System in Lebanon). The project aims to review and develop
  new Lebanese hospital accreditation standards according to latest
  evidence and international best practices and also to comply with
  International Society for Quality in Healthcare (ISQua) requirements (2016–
  2017).
- Appointed by the Order of Nurses as a member of a task force for reviewing and updating the Nursing Practice Act.
- Appointed by the Order of Nurses as a member of a task force for reviewing and updating the competencies for registered nurses.

- Appointed by the Order of Nurses as a member of a task force for developing the nursing code of ethics for Lebanon.
- Elected as m em ber in the Disciplinary Board of the Order of Nurses in Lebanon.

## B. SERVICE

## HSON STANDING COMMITTEES

## Academic & Curriculum Committee:

- Dr.Dina M adi (Chair)
- Mrs. Mary Arevian
- Dr.NourAlayan
- Dr. Lina Kantar
- Dr.Ghada Assaf (Appointed)
- Dr. Suzanne Dhaini (Appointed)
- Dr. Angela M assouh (Appointed)
- Dr. Nuhad Dum it (Ex-Officio)

## Adm in istrative Comm ittee:

- Dr. Huda Abu-Saad Huijer (Chair)
- Dr. Nuhad Dum it
- Dr.Laila Farhoud
- Dr. Sam ar Noureddine

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## Advisory Committee:

- Dr. Huda Abu-Saad Huijer (Chair)
- Dr.M ichael Clinton
- Dr.Laila Farhood
- Dr. Sam ar Noureddine

#### Admission & Recruitment Committee:

- Mrs. May Khoury (Chair)
- Mrs. Danielle Dam ianos
- Mrs. Talin Gulgulian
- Dr.Dina M adi
- Mrs. Hera Tashjian
- M rs. Tam ar Avedissian
- Dr. Ghada Assaf (Appointed)

#### Graduate Studies Committee:

- Dr.M ichael Clinton, Chair since Septem ber 2017
- Dr. Hala Darw ish
- Dr. Nuhad Dum it
- Dr. Sam ar Noureddine, Chair until Septem ber 2017
- Dr. Laila Farhoud (Ex-Officio)

## Research Committee:

- Dr. Soha Fares (Chair)
- Dr.M arina Adra
- Dr.Gladys Honein
- Dr. Angela M assouh
- Dr. Sam ar Noureddine
- Dr. Suzanne Dhaini (Appointed)

Representative to the Senate: Dr. Nuhad Dum it.

Representative to the Board of Graduate Studies: Dr. Sam ar Noureddine

Representative on FM Research Committee: Dr. Souha Fares (appointed)

#### Student Affairs Comm ittee:

- Dr.Marina Adra (Chair)
- Mrs. May Khoury, class advisor BSN II
- Dr.Marina Adra, Class Advisor, BSN III
- Dr.Lina Younan, Class Advisor, BSN IV
- Dr. Angela M assouh, NSS Advisor assisted by Dr. Nour Alayan

## Other HSON Comm ittees/Task Forces

## HSON Search Committee:

- Dr. Huda Abu-Saad Huijer (Chair)
- Dr.M ichael Clinton
- Dr. Nuhad Dum it.
- Dr.Laila Farhood
- Dr. Sam ar Noureddinee

## HSON Catalogue Comm ittee:

- Dr. Laila Farhood; Convener Master of Science in Nursing Program
- Dr. Nuhad Dum it; Convener Baccalaureate Program

#### HSON Newsletter Committee:

- Dr.Gladys Honein (Chair)
- Dr.M arina Adra
- Mrs. Lynn Berbary Najem
- Mrs. Talin Gulgulian
- Ms. Angela Massouh

#### HSON SocialComm ittee:

- Mrs. May Khoury (Chair)
- Mrs. Lynn Berbary
- Mrs. Silva Dakessian Sailian
- Mrs. Danielle Damianos
- Mrs. Taline Gulgulian
- Ms.Randa Farha

## HSON Selection comm ittee for MCF scholars:

- Dr. Sam ar Noureddine
- Ms. Nisreen Ghalayini

## HSON PhD Program Steering Committee:

- Dr. Huda Abu-Saad Huijer (Chair)
- Dr.M ichael Clinton
- Dr. Laila Farhoud
- Dr. Jason Farley (representing Johns Hopkins University School of Nursing)
- Dr. Jodi Lori (representing University of Michigan School of Nursing)
- Dr. Sam ar Noureddine

## OTHER AUB COMMITTEES

## Huda Abu-Saad Huijer

Board of Deans, Ex-Officio m em ber

AUB Senate, m em ber

AUB Strategic Planning Steering Comm ittee, member

Expanded Advisory Comm ittees, appointed member

REP Advisory Board, m em ber

AUB BudgetComm ittee, member

AUB Tenure Design Comm ittee and Workgroup on Faculty Workbad, member

Strategic Health Initiative, member of Steering Committee

AUBM C Palliative Care Comm ittee

SHARP, m em berof the executive board

#### M arina Adra

AUBM C NS/HSON Joint Committee, member AUBM C, Medical Surgiral Educational Council, member Faculty United AUB, member

#### Michael Clinton

AUB Senate, elected mem beruntil August 31, 2017
Institutional Review Board - Social and Behavioral Sciences, Vice-Chair
Institutional Review Board - Biomedical, Alternative Vice-Chair and member

## Nuhad Dum it

Board of Graduate Studies, member Evidence-based Healthcare Management Unit (EHMU) Executive Board member Working Group I of the accreditation Task Force of AUB 2017, member Faculty Standing Grisvance Committee, Co-Chair, April-September 2017

#### Gladys Honein

Equity & Title IX Working Group member
Graduate Open House Committee, HSON representative
Working Group 5, AUB M SCHE Accreditation working on Standard V:
"Educational Effectiveness Assessment"

#### Lina Kantar

M edical Education Council, Faculty of M edicine, AUB, m em ber CTL Advisory Com m ittee, m em ber AUBM C Critical Care Education Council: Dr. Lina Kantar

#### M ay Khoury

AUB Unified Adm issions Comm ittee, member
AUB USAID USP Steering Comm ittee, member
AUB the LEAD Career and Internship Support Comm ittee, member
AUBM C NS/HSON Joint Comm ittee, Chair
AUBM C Pediatrics Educational Council, member

#### Dina Madi

AUB New Student Orientation Program Comm ittee, member
AUB, Advising Website Comm ittee, member
Civic Engagement Comm ittee, member
Commencement Committee, reader
AUBM C Obs/Gyn Council, member

#### Angela Massouh

Am erican Association of Critical Care Nurses, Member

Councilon Cardiovascular Nursing and Allied Professions, at the European Society of Cardiology, Member

Heart Failure Association at the European Society of Cardiology, Member

Sigm a Theta Tau International, Chi Iota Chapter, Counsebr

National Association of Clinical Nurse Specialists, Member

Heart Failure Roadm ap for the Middle East and North Africa, Contributory Writer Lebanese Order of Nurses, member

Nurses Alum ni Chapter, Am erican University of Beirut, member

## Sam ar Noureddine

Member, Faculty Workbad policy since October 2017

Member, Vascular Medicine Program Council, AUBMC, since October 2017

Member, Board of Graduate Studies of AUB since September 2017

M em ber, student com plaints task Force at AUB since Septem ber 2017

Co-Chair, Working Group VII of the accreditation Task Force of AUB since January  $2017\,$ 

 ${\tt M}$  em ber, steering com m ittee of the Accreditation Task Force of AUB since January 2017

AUB University Research Board, member

FM Research Committee, member

Governance Comm ittee Chair, Harini School of Nursing Chi Ibta Chapter, member Graduate Education Task Force of the AUB Graduate Council September 2015-2017

## NATIONAL AND INTERNATIONAL COMMITTEES

Lebanese Society for the Study of Pain (LSSP), past president

#### Huda Abu-Saad Huijer

Vice President, National Comm ittee on Pain Relief and Palliative Care and Chair Research Comm ittee
Order of Nurses in Lebanon, member of Advisory Board
Sigm a Theta Tau International Chi Tota Chapter, AUB, past president
International Association for the Study of Pain (ASP), member
Special Interest Group on Pain in Children (ASP), founding member
eNew sletter, TASP Insight, advisory board member
European Academy of Nursing Science (EANS), fellow and founding member
American Academy of Nursing, International Fellow

#### Marina Adra

Arm enian Relief Cross, m em ber Sigm a Theta Tau International, Chi Iota Chapter, AUB, m em ber Center for Studies in Aging in Lebanon, m em ber

## NourAlayan

Sigm a Theta Tau International, Chilota Chapter, Leadership Succession Committee, member
Society of Addiction Psychologists (APA Division 50), member
The International Nurses Society on Addictions (IntNSA), member
Lebanese Order of Nurses, member
Nurses Alumni Chapter, American University of Beirut, member

## Mary Arevian

Sigm a Theta Tau International Honor Society of Nursing, Lambda PIChapter Sigm a Theta Tau, International Honor Society of Nursing, Chilbta Chapter, president of the Board, 2015-2016

Arm en ian Relief Cross in Lebanon (ARCL), Beirut Branch, member

Arm enian Relief Cross in Lebanon (ARCL) Advisory Board, of the Araxi
Boulphourdgian Socio-medical Health center, secretary
Arm enian Relief Cross in Lebanon (ARCL) Relations and Welfare Committee of the
Regional Executive Committee, (Chair)
Arm enian Relief Cross in Lebanon (ARCL) Health Committee of the Regional
Executive Committee, (Chair)

#### Tam ar Avedissian

Order of Nusses in Lebanon, Administrative Committee, member Sigm a Theta Tau International, Chilbta Chapter AUB, Leadership succession committee, member

## Hala Darwish

Society for Neuroscience, m em ber Internationalorganization of M S Nursing, m em ber

#### Nuhad Dum it

Order of Nurses in Lebanon, President Sigm a Theta Tau International Alpha Kappa, chapter-at-large, m ember Western Institute of Nursing, m ember

## Souha Fares

Am erican Physiological Society (m em ber)

#### Laila Farhood

Board of Trustees, Marjayoun National College, member

Sigm a Theta Tau International, Alpha Chapter, member (Indianapolis, USA)

AUB Sigm a Theta Tau International Chilota Chapter, member

American Psychiatric Nursing Association (APNA), member

International Nursing Review (INR), Lebanon's representative

International Women's Mental Health Association, member (World Psychiatric Association)

International Society for Traum atic Stress Studies (ISTSS), member

## Gladys Honein

College of Nurses of Ontario; Professional affiliation – Registration Number: 03 – 0138 2 (non-practicing)

North Am erican Prinary Care Group (NAPCRG), member

## Lina Kantar

Alliance of Universities for Democracy, member Sigm a Theta Tau International, Chilota Chapter, AUB, President Elect

## May Khoury

 ${\tt M}$  em berof Sigm a Theta Tau international Chilota Chapter Honor Society of Nursing

#### Dina Madi

The Lebanese Health Association, board m em ber Sigm a Theta Tau International, Chilota Chapter, President ATCN Internationalm em ber Order of Nurses, m em ber

## Angela Massouh

Am erican Association of Critical Care Nurses, M em ber Councilon Cardiovascular Nursing and Allied Professions, at the European Society of Cardiology, M em ber

Heart Failure Association at the European Society of Cardiology, Member Sigm a Theta Tau International, Chilota Chapter, Member National Association of Clinical Nurse Specialists, Member Heart Failure Roadmap for the Middle East and North Africa, Contributory Writer

#### Sam ar Noureddine

Member, Scientific Committee, Order of Nurses in Lebanon since 2015
Member, Global Cardiovascular Nursing Leadership Forum since 2014
American Academy of Nursing, International Fellow since October 2014
Sigm a Theta Tau International, RhO Chapter and Chilota Chapter, member
Governance Committee Chair, Chilota Chapter, STTI
Midwest Nursing Research Society, member
American Association of Critical Care Nurses, member
American Heart Association, member and international fellow
Member, Council on Cardiovascular Nursing and Allied Health of the European Society of Cardiobgy, member since 2005

## Lina Younan

Sigm a Theta Tau International, Chi Ibta Chapter, AUB, m em ber Order of Nurses in Lebanon, M em ber





## HSON plans to launch a number of new academ ic programs:

A collaborative PhD in Nursing Science will be launched in 2018-19. The proposed PhD program is yet another first for Lebanon, and will add further capacity for HSON and the region by producing researchers needed to advance nursing science and in prove healthcare.

New Academ in Program s: HSON plans to expand its current undergraduate and graduate academ in programs and continue to contribute to the development of healthcare in Lebanon by preparing high quality graduates for which there is a strong demand in schools/colleges of Nursing, hospitals, and health services.

- At the undergraduate level, we plan to evaluate the second degree program to attract more BA/BS graduates.
- The proposal to launch a TS-BSN program at AUB AREC in the Bekaa area
  to eligible technical degree programs is approaching completion and will be
  launched when approved.
- At the graduate level, HSON will be launching two new online/hybrid MSN tracks in Nursing Adm inistration and Management and Nursing Education.

#### Other developm ents:

- Student recruitment will continue to be a priority. HSON will continue to
  award merit scholarships and is currently working with AUBMC to secure
  bursaries for BSN students.
- M one emphasis will be placed on graduate recruitment at the national, regional, and international levels in close collaboration with the AUB Graduate Council.

- The availability of scholarships remains a major priority for the success of the current and new programs. The establishment of more endowment funds remains a strategic goal for HSON.
- The recruitment of PhD-holder and research active faculty and the endowed chair to direct HSON's Center for Nursing Research will continue to be a priority.
- Collaboration with AUBM C/Nursing Services continues to be an important priority for HSON.
- The alignment of HSON strategic goals with the AUBM C 2020 vision continues to aim at developing a national campaign for student enrollment and nurse recruitment and retention and at developing innovative strategic initiatives to advance collaboration and partnership in research and clinical nursing education.
- HSON will be a major building block of the proposed Health Sciences Campus at AUB as part of the Health 2025 vision.

