American University of Beirut Department of Psychology Clinical Psychology PSYC 230 Fall 2017

Professor Joachim Diederich, Ph.D.

Email: <u>id43@aub.edu.lb</u> Office: Jesup Hall, Rm. 103B

Office hours: Tuesday 11:00-12:00pm and Thursday 11:00-1:00pm, or by

appointment

Class Time: Monday, Wednesday, Friday 12:00am-12:50am

Textbook (ordered by University Bookstore): Clinical Psychology: Eighth Edition (2013), Timothy J. Trull, Thomson & Wadsworth Publishing.

Any additional required readings will be handed out in class or placed on Moodle.

Goals and objectives: This course will provide a comprehensive overview of the professional field of clinical psychology including the psychologist's primary tasks of assessment and treatment. Various tools for diagnosis and approaches to psychotherapy will be examined. Current issues in the field including ethical dilemmas, training practices, employment options and specialties will also be reviewed.

Upon successful completion of this course, you will be able:

- to differentiate empirically validated psychotherapy from evidence-based psychotherapy from pseudo-scientific psychotherapy. (PLO1b,c)
- to demonstrate knowledge of the various approaches to assessment and diagnosis of psychological disorders (PLO 5b,2a)
- to demonstrate knowledge of the various theories and treatment approaches to psychological disorders including the mechanisms of change. (PLO5b,2a)
- to gain knowledge in IQ and personality test construction and validation (PLO3a)
- to demonstrate an attitude of critical thinking concerning the process of assessment, diagnosis and treatment, while understanding the value of population based evidence versus case specific data. (PLO2a,b,c)
- to understand the role of social, environmental and cultural factors when assessing, diagnosing and treating patients. (PLO2b)
- to gain a solid knowledge base in the ethical standards of clinical research and practice. (PLO4b,c)
- to effectively and fluently communicate psychological knowledge and critical thinking skills through writing assignments and oral discussions. (PLO6a,b)

Format: The format of this class will include lecture and group discussions. I encourage you to take risks with your ideas and to ask questions in class.

Class attendance and policy: Attendance is required, students are expected to attend all classes. Many exam questions will be drawn from the lectures and group discussions alone. Please note that arriving late to class is considered a disruption to all the students and class process, so please do not do it.

I understand that extraordinary and unforeseen circumstances may arise, such as accidents, sudden illnesses, family emergencies, etc., which will cause a student to miss a class. Those circumstances must be confirmed by formal documentation. Once such documentation is produced, I will make the necessary arrangements.

Medical excuses are accepted if they are given by the <u>University Infirmary or the American University Hospital</u>. Other excuses such as "I overslept" or "I had other exams or projects to work on" will not be tolerated. **No mobile phones will be seen during class.** Anybody seen text messaging during class will have their phone removed and returned after class.

Academic Integrity:

Please refer to AUB Student Code of Conduct:

http://www.aub.edu.lb/pnp/generaluniversitypolicies/Documents/StudentCodeConduct/StudentCodeConduct.pdf, in particular section 1.1, which concerns academic misconduct including cheating, plagiarism, in-class disruption, and dishonesty. Please be aware that misconduct is vigorously prosecuted and that AUB has a zero tolerance policy. Course policy is that credible evidence of cheating will result in course failure.

Reading Assignments:

You are expected to read the day's assignments before coming to class. This will enhance your appreciation for the class lecture and will allow you to participate more effectively in class discussion.

Exams, Oral Presentations and Grading:

The course includes two exams, one term paper and one in-class presentation. The exams will be based on readings, lectures and class discussion and will include multiple-choice questions. The term papers will be due on the last day of class. Any paper handed in late, meaning anytime after the end of the class period, will receive a 10 percentage point markdown. I will not accept any papers after the following class session and in such cases, a grade of 0% will be marked for your paper.

The final grade will be based on the scheme outlined below:

Exam I	30%
Exam II	30%
Term Paper	30%
In Class Presentations	10%

Unique Learning Needs of Students with Disabilities

AUB strives to make learning experiences as accessible as possible. If you anticipate or experience academic barriers due to a disability (including mental health, chronic or temporary medical conditions), please inform me immediately so that we can privately discuss options. In order to help establish reasonable accommodations and facilitate a smooth accommodations process, you are encouraged to contact the Accessible Education Office: accessibility@aub.edu.lb; +961-1-350000, x3246; West Hall, 314.

Non-Discrimination

AUB is committed to facilitating a campus free of all forms of discrimination including sex/gender-based harassment prohibited by Title IX. The University's non-discrimination policy applies to, and protects, all students, faculty, and staff. If you think you have experienced discrimination or harassment, including sexual misconduct, we encourage you to tell someone promptly. If you speak to a faculty or staff member about an issue such as harassment, sexual violence, or discrimination, the information will be kept as private as possible, however, faculty and designated staff are required to bring it to the attention of the University's Title IX Coordinator. Faculty can refer you to fully confidential resources, and you can find information and contacts at www.aub.edu.lb/titleix. To report an incident, contact the University's Title IX Coordinator Trudi Hodges at 01-350000 ext. 2514, or titleix@aub.edu.lb. An anonymous report may be submitted online via EthicsPoint at www.aub.ethicspoint.com

Schedule:

Week 1 – Aug. 30	Introductions / review of syllabus Chapter 1 – Clinical Psychology: An introduction
Week 2 – Sep. 6	Chapter 2 – A Historical Overview Chapter 3 – Current Issues in Clinical Psychology
Week 3 – Sep. 13	Chapter 5 - Diagnosis and Classification of Psychological Problems
Week 4 – Seb. 20	Chapter 7 – Assessment of Intelligence Chapter 8 – Assessment of Personality
Week 5 – Seb. 27	Exam I (Monday)
Week 6 - Oct. 4	Chapter 6 – The Assessment Interview Chapter 11 - Psychological Interventions
Week 7 – Oct. 11	In Class Presentations: Introduction of Topics

Week 8 – Oct. 18 Chapter 12 – Psychodynamic Perspectives
--

Week 9 – Oct.25 Chapter 13 – Humanistic Perspectives

Week 10 – Nov. 1 Chapter 14 – Behavioral Perspectives

Week 11 - Nov. 8 Chapter 14 - Cognitive Perspectives

Week 12 – Nov. 15 Chapter 15 – Family Interventions

Week 13 - Nov. 22 **Exam II** (Thursday)

Week 14 – Nov. 29 In Class Presentations

Week 15 – Dec. 6 In Class Presentations

TERM PAPERS DUE (last day of class)