



**Faculty of Arts & Sciences**  
**PROGRAM OF STUDY FOR FRESHMAN CLASS**  
**INTENDED MAJOR: NUTRITION AND DIETETICS**  
**AUB UNDERGRADUATE CATALOGUE 2025-26**

<b>NAME:</b>		<b>ID #:</b>
<b>P.O.Box:</b>	<b>Tel #:</b>	<b>E-mail:</b> @mail.aub.edu
<b>FRESHMAN REQUIREMENTS</b>		
<b>COURSES</b>	<b>CR.</b>	<b>COMMENTS</b>
<b>ENGLISH</b>		
ENGL 203	3	
Total Credits in English:	3	
<b>HUMANITIES AND SOCIAL SCIENCES</b>		
HUMANITIES	3	From the following: AHIS 150, ARAB 101, ARAB 102, AROL 101, CHLA 110, CHLA 111, CHLA 112, ENGL 101 <sup>a</sup> , ENGL 103 <sup>a</sup> , ENGL 104 <sup>a</sup> , ENGL 105 <sup>a</sup> , ENGL 106 <sup>a</sup> , ENGL 107, ENGL 108, HIST 101, HIST 102, HIST 103, HIST 104, MCOM 101, MUSC 150, PHIL 101, PHIL 102, SART 150, SOAN 103, THTR 100, AGSC 105, LDEM 107, and LDEM 108.
SOCIAL SCIENCES	3	From the following: ECON 101, ECON 102, PSPA 101, SOAN 101 and PSYC 101.
HUMANITIES OR SOCIAL SCIENCES	3	From either of the two lists above
Total Credits in Humanities and Social Sciences:	9	
<b>MATHEMATICS</b>		
MATH 101	3	
Total Credits in Math:	3	
<b>NATURAL SCIENCES</b>		
BIOL 101	3	
CHEM 101	3	
CHEM 101L	1	
Total credits in Natural Sciences:	7	
<b>MATHEMATICS OR NATURAL SCIENCES</b>		
MATHEMATICS OR NATURAL SCIENCES	2	From the following: MATH 102 or BIOL 102 <sup>a</sup> , BIOL 104, BIOL 105, BIOL 106, CHEM 102 <sup>a</sup> , CHEM 102L <sup>a</sup> , GEOL 101, GEOL 102, GEOL 103, GEOL 104, GEOL 106, PHYS 101, PHYS 101L <sup>a</sup> or PHYS 103, PHYS 103L <sup>a</sup> , ENHL 105, and NFSC 123.
Total Credits in Mathematics or Natural Sciences:	2	
<b>ELECTIVES<sup>b</sup></b>		
ELECT. 1	3	Suggested electives: ENGL 102 (if taken), courses in the humanities, or any other 100-level course
ELECT. 2	3	
Total Credits in Electives:	6	
<b>TOTAL CREDITS NEEDED FOR COMPLETION OF THE FRESHMAN CLASS<sup>c</sup></b>	<b>30</b>	

<sup>a</sup> For prerequisites or corequisites, check the AUB Undergraduate Catalogue.

<sup>b</sup> Useful freshman electives are listed in the AUB Undergraduate Catalogue.

<sup>c</sup> A minimum cumulative average of 3.0 in the freshman year