For Immediate Release



Beirut: 29-9-2017

# AUBMC Dr. Souha Kanj Sharara Honored with the Abdul Hameed Shoman Award for Arab Researchers

Professor of medicine and head of the Division of Infectious Diseases at the American University Medical Center (AUBMC), Dr. Souha Kanj Sharara, received the Abdul Hameed Shoman Award for Arab Researchers for her outstanding research in the medical and health sciences category. In that regard, AUB President, Dr. Fadlo R. Khuri, addressed the University community with the message below:

"It gives me great pleasure to announce that Dr. Souha Kanj Sharara, professor of medicine and head of the Division of Infectious Diseases, has been presented with the prestigious Abdul Hameed Shoman Award for Arab Researchers".

"Now in its 35th year, this award is presented annually to outstanding Arab men and women conducting scientific research in order to encourage young researchers. Dr. Kanj was selected out of more than 150 nominations in the medical and health sciences category," he said.

Khuri added: "A recognized expert in the field of infectious diseases, Dr. Kanj has conducted important research and published on numerous topics in this field, but her main research focus has concentrated on hospital-acquired infection (HAI) and she is considered a global authority on Gram negative resistant pathogens. Despite limited resources, Dr. Kanj's work has been of significant impact, tackling the problem of HAI from many angles, from understanding the epidemiology and risk factors, to prevention, and treatment".

"Under her leadership, AUBMC has witnessed the development of a state-of-the-art Infection Control and Prevention Program (ICPP) operating in accordance with international standards. The ICPP at AUBMC has focused on protecting patients and health care workers from health care-associated infections, including ventilator associated pneumonias, central line associated bloodstream infections, catheter associated urinary tract infections, clostridium difficile colitis, and surgical site infections".

Khuri said: "Her research in infection prevention and control has proved to decrease hospital mortality, hospital stay, and cost of hospitalization. Such findings promise to increase the quality of medical care and improve patient satisfaction, while decreasing the impact on the overburdened medical system. She was also asked to lead the work on susceptibility of new antibiotics against multi-drug resistant pathogens in the Middle East and North Africa region, the results of which were published in the International Journal of Antimicrobial Agents."

"Dr. Kanj has published more than 124 papers in international peer-reviewed journals and several papers in local journals. She presented more than 70 abstracts at international conferences and was invited to more than 200 national, regional, and international conferences as a keynote speaker".

President Khuri concluded in congratulating Dr. Kanj on this well-deserved recognition.

### **ENDS**

# For more information please contact:

Simon Kachar

Director of News and Media Relations

Mobile: 03427024 Office: 01374374 Ext: 2676

Email: sk158@aub.edu.lb

#### **Note to Editors**

#### About AUB

Founded in 1866, the American University of Beirut bases its educational philosophy, standards, and practices on the American liberal arts model of higher education. A teaching-centered research university, AUB has more than 700 full-time faculty members and a student body of about 8,500 students. AUB currently offers more than 130 programs leading to bachelor's, master's, MD, and PhD degrees. It provides medical education and training to students from throughout the region at its Medical Center that includes a full-service 420-bed hospital.

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